

Overview of Divine Truth

Secrets of the Universe

*This document is a transcript of a seminar
delivered by AJ Miller (who claims he is Jesus)
outlining an overview of how the Universe
is constructed and maintained*

Day 1

Delivered By

Jesus (as AJ)

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1. Secrets of the Universe - Part 1

2. Introduction to AJ by Mike Carney

Mike Carney will introduce our guest speaker today. Mike is a gentleman from England; he is catching a plane back in a few days so enjoy his introduction, thank you. (00:00:15)

Hello everyone. AJ's asked me to give a brief introduction before he starts off today. I have been thinking about how can I possibly do justice to what I think you are about to hear, because the first time I met AJ, it literally changed my life. The only thing that I can really do is perhaps to tell you a bit about what happened to me after having met AJ and then practising what he has been teaching. (00:00:33)

By way of background, I have been searching spiritually for probably about seven years. Initially I was a bit of a tourist and then became more serious. I got to the point where every path I went down seemed to sort of end with, "Well this isn't quite fit" or "There's something missing here" or "You know, it just didn't feel right". Then two years ago I met AJ. He was giving a talk very similar to the one that you are about to hear now. I started off thinking, "Well, I know that", "I've read that", "I've heard this". Then it was kind of, "Hmmm. I have never heard that before" and then "Wow, that's kind of different and this makes a lot of sense," and then, "Wow, I wonder if this is really true!" (00:01:19)

It literally blew me away that evening. I went back home with my girlfriend and we stayed up till about 4 o'clock in the morning, just discussing what we'd heard and going through it. We sat and talked about what we should do. AJ had said, "Try it and see if it works", so that's what we decided to do. We thought, "Okay, we will try this and then let's see if it really does change our lives because it feels like it will". (00:01:48)

So the first thing we did was have a bit of a truth purge in our relationship, and I can say that was a pretty painful experience to be honest with you. I heard some things that I really didn't want to hear. Yeah, that was the start really, and in doing that, from hearing the truth, there's also a kind of relief that came with it. Some of the insecurities I may have felt, all those feelings that I couldn't get rid of; at least they were validated now. Having had that truth, it allowed me to look at the situation and sort of think, "Okay, well at least we are honest now and we know where we are at". We started moving forward from there and practising as much as we could. (00:02:29)

The next thing was to have a truth session with myself about who I really am. That was even harder. When I started looking at myself and looking at who I thought I was and who I presented myself to be to the world, and looked very carefully at what my actual actions were, I noticed there was a gap between the two. That gap was, if you like, the emotions that were within me that I really didn't want to look at, the feelings I didn't want to feel, and the insecurities I was trying to cover. That was a very hard experience. With a lot of AJ's help and by watching a lot of DVDs and listening, I managed to work my way through this process of being more and more honest with myself and being more open minded and being more humble. (00:03:28)

Humility has been a huge part of this. When I started off, I thought I knew quite a lot about the world and about myself and spirituality. But the further I go down this path, I realize I know very little, or at least I am learning more to be more honest with myself. So yeah, it's been a life changing experience, both for me and my partner. I am sure many of you here, who know AJ, have also found this to be pretty life changing as well. (00:03:59)

One of the most amazing things that I have found is, rather than blaming somebody else or being angry with somebody else, I connected to an emotion owned it and take responsibility for it. I found my life was starting to change, and I saw my children change as well when I dealt with something. My children are free from the emotions I have dealt with, and also for the responsibility of trying to deal with it themselves. I guess I used to shut them down and not want them to reflect back to me what I was really feeling. So, there have been so many things that have happen along this journey and really, all I'd say to you before wrapping up is, try to be as open minded as possible to get something from this. You will benefit if you can get just a tenth or a hundredth of the teachings I have received from AJ. That has helped me so much, because I found some of the hardest things, and the things that have slowed me down the most, are when I have really tried to hold on to an old belief, or resisted something that I just didn't want to be true. That's been a real hindrance especially when I look back and think, "Ah, yeah, that was right – damn, I took a long time to feel that one". So, when I do get stuck, another thing that I try and do is look back to where I was at a week ago, or a month ago or a year ago. I see

how much I have changed, and how much my life has improved by following what AJ's taught, and to always try to look honestly at what's happening, take responsibility for me and always try to feel my emotions. (00:05:34)

Okay, I think that'll probably do for me really. I'll pass you over to AJ.

3. Welcome from AJ

Thanks Michael. I'd like to welcome all of you along today. Some of you, or many of you, have already heard some of these truths that we will be discussing today. Some of you have been invited to come by those who have already heard, so don't you go blaming them for anything that I say. Anything I say is my responsibility, not theirs! What I would like to do firstly though, is just give you a little brief overview of my life perhaps. It'll be very brief. I think I'll just make it one line. (00:06:30)

I am Alan John Miller – that's why people call me AJ because of the first 2 letters of those names. I am 46 years old and I live just north west of Kingaroy in Queensland, and that's about all you really need to know about me, isn't it don't you think? You'll find out more as we go along I'm sure. (00:06:50)

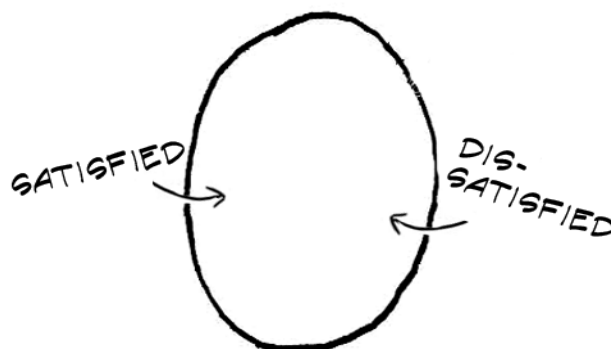
4. The Challenge of Personal Emotions

What I aim to do today is to present to you an overview of the universe.

Now, many of the things I present today are going to be quite challenging, because many of you have done years and years of spiritual investigation. Some of you have done years of material investigation in terms of the science of the universe. Some of you have done more spiritual investigations. You may have been in many different forms of religions through the time of your life. You may have been involved in the New Age movement in terms of discovering things about spirits, for example. Or you may just have a very natural scientific bent, and you have been using all of that knowledge to actually discover things about the world in which we live in, and what's going on inside of yourself. What I would like to do today is start presenting to you some things that I call the Divine Truths of the universe, and I am not saying that you have to accept that they're the Divine Truths of the universe. What I am saying is, I am going to present them to you, and you have your free will to choose to make a decision as to whether you want to investigate these things further or not. (00:08:10)

My suggestion to you is to investigate them further of course, but I don't expect you to investigate them and I don't want you to investigate them. It's up to you what you do with the knowledge that you receive today. That's why I don't charge for any seminars that I do. We just have a donation box at the back to cover the living expenses of myself and Mary, and if you walk out of the door today not donating anything, I don't want you to feel bad about that at all, because you are expressing how you feel. (00:08:50)

So, what I would like you to do is just express your feelings all the time during these sessions. Now, some of the problems with my asking you to do that is, that some of your feelings are going to be what I would call a group of dissatisfied feelings. So, let's have a look at these kind of things. If you can imagine for a moment that inside of you is this container of emotions. (00:09:12)



The soul is the container of satisfied and dissatisfied emotions

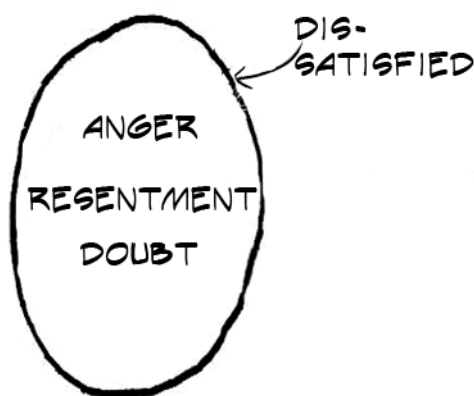
Let's draw it as a big circular container of emotions. Inside this container there are all sorts of emotions, but basically you could divide them up into two different types. You could say you've got emotions where you feel satisfied. You'll notice that I am not a very good speller, that's one of the first things you'll notice about me. The next set of emotions are those that you feel when you are dissatisfied. (00:09:45)

Now, most of us love experiencing satisfied emotions. Do you find you have any trouble with those? Like joy, you have a real stressful time when you feel joy – is that how you feel? No. What about when you are making love to your wife or your husband, do you have a real stressful time with that? Is that a terrible time or is that a joyful and satisfying emotion? For many this is a satisfying emotion -particularly afterwards, shall we say. What about the emotions of excitement when you go down to one of the theme parks? I know many of you are probably bored with them now, but I haven't been to many of them so when I go there, I feel that excitement all day – it's a lovely emotion. (00:10:34)

You have no trouble generally feeling those emotions. If you put me in the surf and if it's good surf, I am happy all day so it's a very satisfied emotion. I don't know how you feel about the surf, but that's my feeling. We have no trouble experiencing satisfied emotions, but the issue with dissatisfied emotions is that generally, we have a lot of trouble experiencing them in an appropriate manner. When I say appropriate, I mean in a manner that doesn't dump something negative on somebody else. (00:11:12)

So, what kind of dissatisfied emotions might we have? Anger is perhaps one of them. Not many of us enjoy feeling anger-although some people seem to. There is a lot of agitation in this emotion known as anger. What about the emotion of resentment, which is sort of almost an extension of anger? Most of us feel the same there too- it's very hard to feel. (00:11:37)

What about doubt? This is something that's going to come up a lot today, trust me – doubt. Doubt is a funny sort of emotion isn't it, because it causes you to oscillate between, "Oh this is interesting" and, "Oh no there's something wrong here", "Oh this is interesting" and then, "Oh no there's something wrong here" and in between those emotional oscillations, comes this feeling of, "I just want the whole thing to go away". Now many of you have probably felt that your entire life on your spiritual journey, haven't you? How many of you have felt that? This is the feeling that Michael described earlier. You go into a certain spiritual path and initially you're feeling really enthused, really enthused, you think there's a lot of truth in it. You can feel that truth resonate with you and so you believe it. As you go on, something comes up and you think, "Ah, something is wrong here" and then it gets so bad and so many things are wrong then you decide, "No I can't go any longer on that particular path". Then through your Law of Attraction another path comes to you and you go through the same cycle. Yes you feel very enthusiastic, yes that feels really good and off you go again in the same way and eventually you get to the same end again. (00:13:04)



Types of dissatisfied emotions within the soul

If you look at our lives from the point of view of investigating truth, often our lives are like this great big oscillation if you like, where we think we are harmonious with truth, we think we are on the right path. Then our doubts come in and then we feel down, we get a bit annoyed with the whole process. We ask ourselves "Whoever created this flipping universe? Why didn't he just come in and download the truth into me and get all this pain over and done with?" and so we go through this doubt. (00:13:35)

Now, today you will have many doubts trust me. It's not my responsibility to clear up your doubts for you by the way, but understand that doubt is different than the emotion which is the more satisfied emotion of discernment. (00:13:50)

What do I mean by discernment? What I mean is the ability to not yet make a decision, even though you are hearing confronting things. So, what you do when you are discerning, is you let the stuff that's getting presented, be presented to you. Then you use all of the things at your disposal and trust me, there are a lot more things at our disposal than most of us realize, to determine truth. The key is that we use all of those things at our disposal to actually ask ourselves questions like, "Is this the truth that's being presented?" Now, what's going to happen today is sometimes I'll say something and you will have a doubt. That'll be pretty often today trust me, because many of you have never heard this material before. Some of, what I say will actually create anger and so I want to make a contract with you. If you feel like you are angry with me, my feeling is you have broken this contract between you and me. I am giving you my time for free. I am not expecting anything of you; I am not expecting you to even listen to me. You can get up and leave at any time you wish and of course because it's free, you are not going to lose anything except the time that you invested in this. (00:15:10)

So, if you feel that way, if you feel that you just cannot hear anymore, and trust me there are probably going to be quite a few times where you are going to feel that today, allow yourself to feel the feeling, and if you really want to leave, leave. My suggestion is to just go outside and express some of the fear and doubt or anger, and even if you want to yell or scream about it, that's fine – I am perfectly happy. Then come back and listen to a bit more and see how you feel about that. That would be my suggestion to you, but you don't have to do that either. (00:15:43)

One thing I do ask you to do, is to own your emotions about what's being presented. Now, in a group of a couple of hundred people, if a few of us don't own our own emotions and we get really – an Australian saying "get your knickers in a knot", before you know it, what's happening is that a few are verbalizing that emotion in this auditorium. Rather than asking a sincere question, they want to dump their anger on me because of what I am saying. What happens is this destroys the experience for everybody present. So what I would like to ask you to do is not to do that. I am perfectly happy to receive your angry emails. I'll give you my email address, just for that purpose, if that's what you want to do. But in this presentation, just for the sake of love of others, you can allow yourself to feel those feelings and if you still feel them at the end of the day, I am very happy to hear from you about them. (00:16:42)

The key is how we respond to truth inside of ourselves emotionally. If you feel any feelings of dissatisfaction; there could be times when you feel doubt, anger or resentment, you would be feeling what some people have called "triggered". I don't like the term very much myself, but it's a term that is used quite often now days for emotional triggering. My suggestion is to own those emotions as much as you can. All right, do we have a contract – you and I, to actually own our own anger and not to express it to the rest of the auditorium here? Have we got that contract? Okay. By the way, if it does happen, I'll be stopping my conversation and reminding you of that contract. (00:17:42)

The first thing I would like to say is probably one of the most confronting things that you will hear today. How arrogant is it of me to call this session "Secrets of the Universe"? Well, a lot of people would say that it's very arrogant of me to even present something like that, as if what I am about to say are the secrets of the universe. By the way, I don't feel arrogant about it. I just feel very humble that I have learnt these things, as does every other person who has ever learnt them historically, but quite often, what we do is we judge others through our personal feelings. The truth is that what I am going to present to you are the secrets of the universe. They were lost many, many years ago, almost 2,000 years ago, lost to this Earth, and it's only recently that they are being re-presented back to the Earth, and we will discuss why that's the case. The reason why they are the secrets of the universe is that every single aspect of your entire life, from now on, whether you know it or not, is governed by these secrets. (00:19:12)

We are not talking about "The Secret" – you know the Law of Attraction that gets presented in the DVD "The Secret". I am talking about a whole wide variety of laws and truths that govern your life moment by moment by moment every single day. These are not religious laws, these are not political laws; these are laws that are a part of the universe that we are living in. They not only govern your physical body and how it works, they govern also another body that you actually have, whether you know it or not – the spirit body that many of you are starting to connect to in your own discoveries. That spirit body is governed by these laws too. (00:19:58)

But not only that, there's a whole part of ourselves, which the majority of us are just in the infancy of discovering. That whole part is the soul. We'll talk about that soul later, but, that part of you is also governed by all these different laws. No matter what you do in your life, no matter what you even say in your life, everything is governed by all these different

processes that are going on. They are a mixture of what's happening inside of you, and what the laws of the universe are all doing with regard to responding to you. What we'd like to do is present a summary of all of that today. (00:20:45)

Now, today, I am not going to go into the nitty gritty of each particular thing. Many of you will have little questions come up, some of those questions will apply to the topic and some of those questions will be off topic. So what we are going to do today is leave the questions that are off the topic. I'll encourage you to come back tomorrow and ask that question. If the questions are on the topic, we have two roaming microphones. Hold it up like this so we can get the sound of your voice. You may even find a camera on you, if that is okay with you. (00:21:49)

5. *How do you know?*

Now, the first question everyone asks me is, "You say you know the secrets of the universe – how do you know that?" I say, "Well, I have learnt it in my life". "Who taught you these things?" I say, "Well, God taught me these things, and God taught me even how to learn these things". They say, "Well, when did all that occur?" I say it occurred a couple of thousand years ago in my life experience. I have just had one experience, one life and in that one life, which has lasted 2,000 years, I have experienced these things. Then they ask me, "Well, who were you 2,000 years ago?" Now here's the first confronting thing, "I am Jesus of the Bible – the person Yeshua Ben Yosef, the person you would have heard of in the Bible, if you've read it". Most people now days haven't of course, but most people have heard of me as Jesus – not many have heard of me as AJ. (00:23:03)

Now, that raises a few questions straightaway, doesn't it? You feel a bit challenged about that? The whole feeling just went down a bit there and the first emotion was, "Hmm, I see that one. Doubt yeah". There are only 3 possible choices you would have with my saying that, do you know that? Only three possible choices! (00:23:38)

The first possible choice which many of you right now would say is the most likely. That I am crazy and delusional. To be frank with you, I have done these presentations with many thousands of people and the majority of them feel that I am crazy and delusional, although in time many have changed their minds. The second possible option: What about this? That I am devious (or let's be more frank), and a liar. That's the second possible option. The third possible option has to be really that I am telling the truth. (00:24:30)

Can you see that you have got a choice of these three possible options? Now, I might be a nice, fine loving crazy and delusional person but it doesn't change the fact that if I am not the person I am saying. Then I am crazy and delusional. The truth is too, that I might not be a delusional person and I might actually be a devious person wanting to become some kind of a cult leader for you to follow. That might be the option. I am sorry if that freaks you out, but I can't do anything about that. That's an emotion inside of you. I don't want to be a cult leader; I just want to be myself, that's all I want to be. (00:25:19)

The third option is I am telling the truth. If I am telling the truth, that's going to be a problem in itself, isn't it? Can you see that? How do I tell someone that I have just met Jesus? That's going to be hard. How do I listen to this stuff with an open mind when I have already made a judgment? (00:25:42)

DOUBT OR DISCERNMENT.....
 IS AJ ? 1. CRAZY & DELUSIONAL
 ? 2. DEVIOUS & A LIAR
 OR ? 3. TELLING THE TRUTH
 WHEN HE SAYS HE IS JESUS

Now, the reason I am saying who I am upfront is because in previous presentations, what I have done is, presented for 3 or 4 hours and then told everybody who I was, and a lot of people went away feeling quite upset. They went away feeling upset because they felt that if had I told them who I was right at the beginning, they wouldn't have stayed for three hours and listened to the rest, and they just wasted three hours of their lives. So, I am telling you right up front and of course you are free to leave at any time. (00:26:17)

It's not very important to you who I am if you think about it. It's only important to me who I am. Can I reverse that for you? It's not necessarily important to me who you are, it's only important to you who you are – can you see that in your life? (00:26:48)

Now, each of us has an identity; each of us has a history; each of us has had a life; each of us has experienced whole groups of things in our entire life – have we not? That's your life. If someone came along and took all that away and rubbed it all out, you would be very confused, would you not? Where would you be? You'd hope that that wouldn't happen. Because it would create a lot of psychological confusion, trust me. It's very difficult to actually not be who you are – although many would argue with that! How many of you are still struggling to be who you are? It's something that we often struggle with. (00:27:27)

What I am talking about is an identity perspective. We all have an identity and my identity is no different to yours, in that it's just my identity. It's just who I am, it's just my experience. My life is no more important than yours by the way, no more important than yours. You are just as important to this universe as am I. We both have the same amount of worth if you like. (00:27:54)

So, my saying that I am Jesus doesn't mean that I am saying that I am better than you – can you understand that? All I am saying is, that's my identity. That's who I am. Me saying I am Jesus doesn't mean that I want you to listen to me. If I wanted you to listen to me, I'd lock the doors, have a few security guards around – maybe with machine guns, just to keep you all in line, so I could keep you for four hours. I would try to use techniques, or whatever, that would try to make you feel bad and then you'd listen. I don't want you to feel bad about yourself. What I want to be able to do is present some truth to you. You don't have to listen to that truth, and you don't even have to believe it is truth. You don't have to accept anything; it's up to you what you accept. (00:28:42)

If I want to take your money at some time in the future, I am very certain you will also find that out sometime in the future, won't you? So, you can work through that emotion, if that's what you want, and feel that I am going to, and leave these truths behind, just because you feel I might do that. That's up to you. By the way, many have done that in the past, both in the 1st Century when I was on Earth and now, because that's what they thought. (00:29:10)

Many feel a huge reaction when I say that I am Jesus, just like many people did when I said I was a messiah in the 1st Century. They felt lots and lots of powerful emotions and as a response to that, they couldn't listen to what I was presenting to them. Just recently, I talked to a group of people, who 2,000 years ago couldn't listen to something that I said. For 2,000 years, in a different dimensional space than where we are here sitting here, they had stayed locked up with that emotion. (00:29:47)

So, my suggestion to you is, don't let what I say lock you up emotionally. Just allow it to pass through you. If you don't agree with it, move on with your lives; allow other things to come to you. If you want to experiment with it, then by all means experiment with it, and I'll do everything that I can. I am already trying to do everything that I can to help you experiment with these truths. I wanted to do that, to tell you who I am, because from now on you will not hear much about me. (00:30:19)

What I want to talk mostly about is the Secrets of the Universe. I want to start with one of the best kept secrets of the universe. You will laugh perhaps when I say it's the best kept secret, but it is actually, because very few people know this secret, the secret of God. (00:30:40)



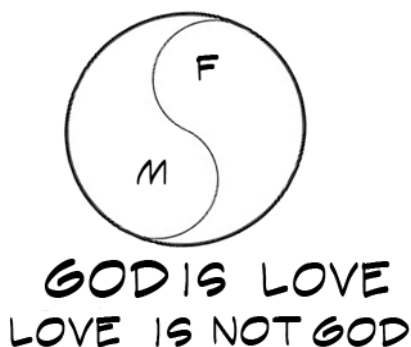
God is the great oversoul of the Universe

Whenever I say the word “God”, what do you feel? What if I come from a religious background? Let’s say I have had a Catholic upbringing. My feeling might be straight away “Well God’s a punishing God. I don’t believe in the punishing God thing, so therefore I don’t accept religion, and I don’t accept anyone talking about God anymore in my life”. As soon as we hear the word “God”, straight away we turn off. If we talk about God and we happen to be an atheist, what do we feel now? “There is no God. What are you talking about? Why start a conversation on the Secrets of the universe when there is no God!” So that might be quite confronting. If I was speaking to a Muslim, they would feel that I’d be talking about Allah, the one true and only God. A Christian of course may feel that way too, although most Christians feel that God is three in one – God the father, God the son and God the Holy Spirit. There are all these feelings that are all different, all defining God. (00:32:49)

If I was in the New Age movement, I’d feel that God’s within me, so I am God. You hear that all the time don’t you? “I’m God, you’re God, we’re all God – isn’t it wonderful how good we have got our lives together. God’s got her life together right? Doesn’t feel that way to me at the moment, so maybe that’s not true”. That’s what we are told, and so we start to think that’s a good idea and go along with that. (00:32:15)

All these concepts that we have had bombarded at us, are all actually based around emotional injuries generally – all sorts of injuries. A lot of injuries are based around things that happen with our parents. So, if we have got an autocratic, domineering, punishing father, whenever we hear the word “God”, we will automatically, emotionally feel, “Hmm, autocratic, domineering God who makes this whole Universe, throws away the book and makes us live in it without any guidance”. So we may have that feeling. Some of us may have good feelings about God because we have actually received some things from God that we have enjoyed, so we have some good feelings about God, but to be frank, that’s a fairly rare thing on this planet. Most people have very, very rigid view points of God. (00:33:08)

So, I would like to talk about God for a little bit. For me, the longest discussion I like to have with somebody is about God. But most people can’t cope with too much of it at this point, and so what I’ll do is introduce God to you. (00:33:23)



Love is an attribute of God, but love is not God

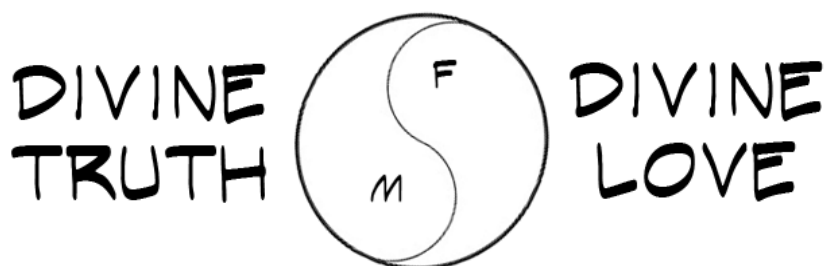
God is an entity. God is not just an energy. You know that often we are told that God is love. Have you heard that saying “God is love”? I agree totally with that statement by the way – God is love. There is a statement that I don’t agree with and that is “Love is God”. I don’t agree with that. The reason why I don’t agree with that is because love is a quality of God. God the Entity has this quality, which is not only just an emotion, but it is a substance that God has - love. So, love itself isn’t God because God has other qualities. God has the quality of intelligence, creative intelligence. God has the quality of wisdom. God has the quality of power. God has the quality of understanding. God has the quality of Absolute Truth. All these qualities belong to God but they don’t mean that Absolute Truth is God. It means that it’s one of God’s attributes or qualities. (00:34:40)

There is a difference between focusing on the attribute or quality and focusing on where that attribute and quality came from. So, when you look at God, my suggestion is, just for a moment, consider the possibility that God is actually an entity that has qualities and attributes, just like you are an entity that has qualities and attributes, unique qualities and attributes in fact. We could get all of you together and compare your lives and every single one of your lives will have similar things that might have happened. For instance, most of you would have attended a school somewhere, but what happened when you attended school and all the different interactions you had would have been very individual and unique. (00:35:32)

What I am saying to you is that God is an entity that created the universe. God is the source of all matter and the source of all creation, the source, in fact, not only of that but of all laws that control those things. This entity God I personally do not completely understand and I have been living for 2,000 years, trying. In fact it's been my sole focus for 2,000 years trying to understand and I still do not understand the entity God completely. There are whole areas of God that as I progress spiritually and as I progress in love, I find, "Well, Wow! I didn't realize that before here in my heart". You know I had an intellectual concept, but I couldn't feel it until a certain point in my life. One of the first things that I did learn was that God is love, but I also learnt that love is not God. Love is a quality of God; in fact a quality of God that God could give to me. God has lots of different qualities that God can give to you, and a lot of it depends upon the asking. (00:36:45)

6. Primary Characteristics of God

So there is God. God also has, you could say, some primary characteristics or attributes. Let's call them these two things:



God has the primary aspects of Divine Love and Divine Truth

One is Divine Truth (or you could just substitute Absolute for the word Divine), "Absolute" Truth. Absolute Truth is the domain of the creator. The other is Divine Love or you could use the term again Absolute Love, Absolute Love is the domain of the creator. This is my creator. (00:37:38)

The reason why I have drawn God like that is, because God also has masculine and feminine characteristics. You will hear me some times refer to God as my father, and you will also hear me refer to God as my mother. I very rarely say Mother Father God. The reason why I very rarely do that is because every single attribute of God usually has a masculine or feminine trait, and when I allow myself to feel God completely; I'll feel what trait is allocated with what particular attribute. For example, the attribute of creation, God's creative power, is definitely the domain of the She. So, usually when I talk about my creator, I usually speak of Her. (00:38:31)

There are other qualities like the maintenance of the universe. This is another quality that God has, and what I do there is I talk about a He, because generally that is a masculine characteristic, something that maintains. If you think about it, it sort of relates to our earthly life in a way doesn't it? Like how many times does the wife ask the husband to fix a tap or something? How many times does a husband ask a wife to do it? Generally it's a lot less, right? You can see how there are definitely masculine and feminine traits even in each one of us. And there definitely is in the creator. (00:39:10)

The Creator is the source of all Divine Truth, the source of all Absolute Truth and the source of all Divine Love and the source of all Absolute Love. (00:39:23)

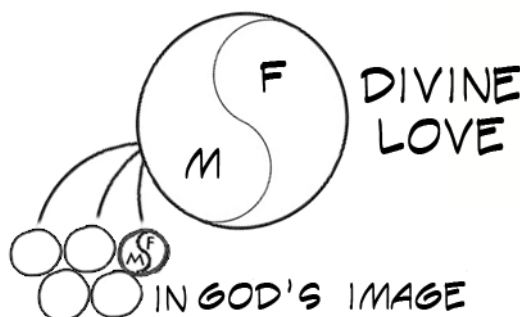
Where She came from – I don't know and in 2,000 years I have not been able to discover it. I feel that sooner or later, She might try to show me where she came from. When you think about it, that also makes sense in a way because it's a bit like you building a car and then the car being able to understand you. That requires a lot of intelligence on the part of the car and the car really has to be you to understand you, so you can see that if I wanted to fully understand the creator, I then would have to be the creator, which is not really something that's possible, as far as I am currently aware. (00:40:11)

7. God Desired Children To Express Her Love To

All right, so God's has these qualities – masculine and feminine traits, and these big major qualities of Divine Truth and Divine Love. What does God do with them? What God has done with them is desired. She desired to actually have

children to express Her Love to. So what happened was, that there were these heaps of tiny little - you could call them souls, that were created and as the saying goes from the Bible – they were “In God’s image”. (00:40:53)

Each one of these little souls has masculine and feminine traits of which there are billions of them being created. When God desires to do something, She doesn’t laze around and She doesn’t wait very often. In fact, what She has a tendency to do, is to keep going, keep creating. The way this universe is designed is in exactly the same way, (and we’ll see that when we get down to the technicalities of the universe). (00:41:24)



God creates children in Her image to experience Her Love

Now, God, this creator, the source of all existence, created these little beings to experience Her Love, but she gave them the choice to do so. You have all heard of that – it’s called “free will”. Most of you would have heard of free will. You all have free will, the ability to make choice, although some times in this world it doesn’t feel like free will very much does it? Like when it is taxation time - not much free will is going on there, that’s how it, feels. In reality, we all have complete autonomy, complete free will – that’s how God created us. (00:42:03)

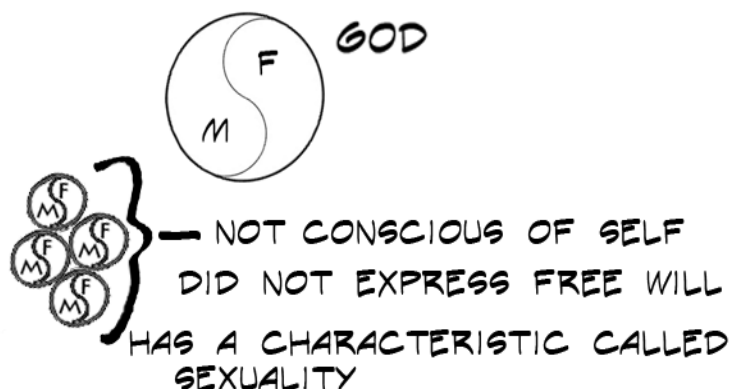
But when God created us in this state - the complete soul state, God as yet didn’t give us the ability to know ourselves. God just created everything and then set in motion a series of processes. The first process was a process of incarnation, of which we’ll talk about as we go on. (00:42:37)

8. God Created Laws of the Universe

God also created a universe, but God was very clever in the way She created the universe. She didn’t actually physically create the universe, in fact she physically created very little of the universe. What she did instead, was to create all the laws that created the universe. (00:43:04)

She created a heap of laws that allow us, the human soul, to be involved in creation. So we have God, the origin of this entire Universe and now we have these little souls. (00:43:26)

We’ll draw them here – these little souls with masculine and feminine traits, all over here in a place, waiting to do something. (00:43:38)



Qualities of newly created “complete” souls

I want to state a few things about those souls. Firstly, they don't yet know that they exist, so they are not conscious of self in this state. You had no awareness of the very first time you were created. When you go way back to your first incarnation, you can't remember before then. We'll talk about when that was later. We can't remember where we were because we weren't conscious of ourselves. (00:44:29)

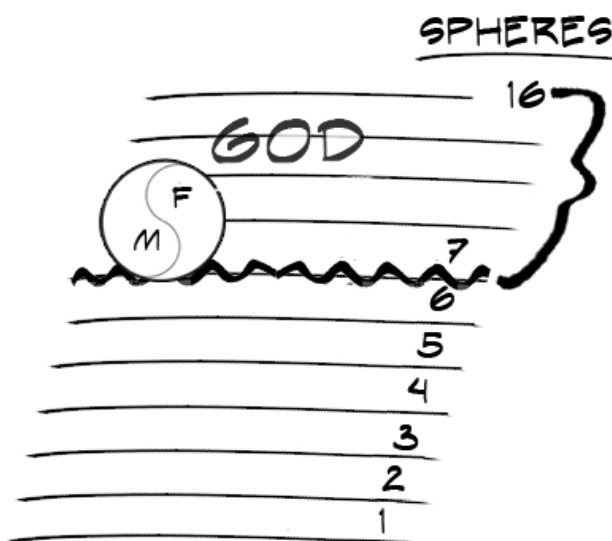
We also did not know how to express free will, so we did not express free will. To express our free will we have to be conscious of ourselves, the two are dependent upon each other. If we are not conscious of ourselves how do we know we have even got a will? We don't. So, in this state we are not even conscious of ourselves, we don't know we have a will. In this state though, there are a number of things we do have even though we are not conscious of them. For example we have a characteristic called sexuality. This is instinctual of the soul. I am not talking about the body; I'm talking about this creation of God called the soul. (00:45:20)

We have a connection with the universe that we are unaware of as well in this state. In this state we don't know anything about ourselves. We don't know anything about our environment, but we are still connected to the environment, even though we are unaware. We have lots of other characteristics and traits and we'll get back to them. I just want to point out that we do have some instinctual things. One of the instincts that we have in this state is an instinct to do a thing called incarnate. Have you heard of that before? We often hear the word re-incarnate. Very rarely do we hear the word incarnate. (00:46:32)

We'll talk about the process of incarnation of this original soul. There is a time in every single soul's existence where that first step to incarnation occurs. The very first time you ever came to Earth, or to a place like Earth shall we say. You have lots of different things in that state, but you do not have a consciousness of self. (00:47:00)

There's only one way to gain a consciousness of self that God created and that is to do the process of incarnation. Now, what God did too, is God created a universe – remember I said that God created not so much the universe, but the potential of the universe's existence. What God did then is involve us in this process of creation. (00:47:31)

So, what we have, are lots of inter-dimensional spaces in the universe. There are actually twenty two at the moment. One thing about the universe is that it is always expanding in terms of every new dimension that's created. It's also expanding laterally in each dimension, every dimension is expanding sideways, if you like, and each new dimension created is higher than the last one. Each is separated by what you would call an interstellar boundary. The interstellar boundary is a boundary of love and this is one of the secrets of the universe. Understand that the only way to progress from one dimensional space to another dimensional space is to grow in love – that's the only way. Now, there are lots of groups of people in different dimensions who believe that there are other ways of growing. But they will only ever grow to a certain condition that way, and never grow any further. It's almost a natural thing that people start growing in love, and we'll talk about that as well. (00:49:11)



Spheres are separated by boundaries of love and only those on the Divine Love Path can progress beyond the 6th sphere

So, we have got these interstellar boundaries of love separating these dimensional spaces, or what many spirits call spheres. You can think of these either as dimensional spaces or spheres. Up until 2,000 years ago there were only 6 spheres in creation. Between 2,000 years ago and now, another 16 spheres have been created. But they weren't created by God. They were created by God's laws, whereby the first person that entered the new sphere created the dimensional space. (00:50:13)

So, what happened historically is the Earth in its original state was created. All souls before incarnation were in a 6th sphere condition. What happened over a period of time on the Earth is that mankind's condition degraded, and so new dimensional spaces of love had to be created so that they could live in them. So, the first person whose soul degraded in condition to a 5th sphere condition is the one who created the 5th sphere, and then the first person whose soul condition degraded to the 4th sphere created the 4th sphere. It actually happened very, very rapidly historically, the creation of these spheres in a downward direction and so we ended up with 6 spheres. If you look historically at a lot of text that has been discovered prior to 2,000 years ago and even after, for a fair time, you will find that whenever they talk about dimensional spaces, they often only talk about 6 or 7 of them. You may have found that out in your own discovery, when you've read some spiritual literature for example. (00:51:35)

Then we had the creation of other spheres and these other spheres all got created by the first person who entered those spheres. As that person entered the sphere that sphere got created, and then as the next person entered that sphere, it expanded. Every single person that enters the new dimensional space expands or creates even more of that dimensional space. So you could think of all of these as dimensional spaces of existence, of which there are now known to be 22. Are we right up to there? Now by the way, you may ask questions. So, you can stop me at any point and ask me about any of these things and I am perfectly happy to answer questions. (00:52:32)

8.1. Audience Question

8.1.1 Did AJ mean gender when talking about sexuality?

Participant: Before when you were mentioning the qualities, you were talking about sexuality. Did you mean gender?

No, I don't mean gender. I'll describe more about sexuality as we talk more about the soul itself, because we will be talking in a lot of detail about the soul. (00:53:00)

8.1.2 Is expansion of the dimensions physical?

Participant: When you are talking about the expansion, are you talking about the physical sense because you are saying sideways which is directional? (00:53:11)

Yes, I am talking in a physical sense. Each dimension has a physical matter in it. It's not matter of the same type as the matter that we have here in this dimension, but it is physical matter. When you go to these dimensions, which you will do, usually most of us go there when we pass, that's the first time we go to another dimension, you will find that that dimension has houses, has rocks, it has grass, it has trees, birds, animals – it has all sorts of things. It's a different sublimated form of matter, but it is still matter that you can touch and feel and sense and taste and hear and see. In fact, when you enter that state, you can touch it and you feel it more intensely than here, it tastes more sensational and so forth, and you'll actually find, as you progress with your soul, everything grows in capacity and is not reduced in capacity. (00:54:17)

8.1.3 Do the five senses expand as we grow?

Participant: The senses that we currently know of – the five senses are still with us and continue to expand?

They continue to expand and in fact we have senses added to each form. So, while you have the 5 senses in the physical form, the spirit body has far more senses and then the soul itself has far more senses again. Each part of us is actually a super set of the previous condition. So this is something to be aware of in our own growth. Now, we can actually become in tune with many of these other parts of us, we are only using the 5 senses now, but we can actually become in tune with

many other parts of our sensory apparatus while we're are still in the physical form. You have heard of many people who have done that right? Some of the people you refer to as gurus or avatars, have started developing these other senses. In fact there are a wide variety of senses available to every single person on this planet to develop. We are all created the same in that way. (00:55:30)

8.1.4. When you die, is everything revealed?

Participant: One thing that I thought and I suppose other people do as well, when you die and you died as Jesus, my belief system was that everything was revealed after death. What you are saying is that is not the way. (00:55:58)

That's correct. The truth, is when you pass, you will know exactly what you know right now, no more, except that you have passed. However, the instant after you pass, there will be a number of different events that will occur quite rapidly, where you will know a larger amount in a very quick time. But, it doesn't mean that you know the Secrets of the Universe. You will have to discover them and in fact most people don't discover them for thousands and thousands of years. (00:56:29)

I have spoken to people, in other dimensions, who have taken 20, 30, 50, 70 thousand years to discover some of these secrets that you are being told today. So, the truth is, when you pass, you are not all of a sudden some all knowing being directly connected to God. That is just not a truth. You are not directly connected to God just because you passed and you don't automatically know everything just because you passed. (00:57:59)

This is one of the problems of mediumship. Some of us get to the state where we start to accept that there are other dimensional existences. What we then realize is that there are some people in our world and there are some in this audience too, who can actually communicate with these other dimensional beings. So we go along to one of them and we start communicating. We ask them questions and we make one fatal assumption, that the person we are asking in the spirit world actually knows, and has experienced the answers to what we are asking, and that is not a truth. You see, they are just as opinionated as we are and they often think they know things that they actually know nothing about, just like we do. (00:57:53)

So, just because a person is in the spirit world or in these dimensions, (either one is fine because it is the same thing), it doesn't mean that they actually know the truth regarding any question that you ask them. Imagine for a moment that all of a sudden you pass, you've got the exactly same mind that you have right now (later we'll show you where the mind is). You've got exactly the same experiences that you have right now, exactly the same. The moment you pass you have one extra experience and that is, "I passed" and I now know, that there is this thing called life after death. (00:58:47)

In fact, after a while when I think about it in the spirit world, I realize that I don't know if I can really call it death, because nothing really happened except to my physical body. I start seeing my physical body as something that was just a tool, an apparatus like a robot, that I could use to experience this physical world and I realize that I didn't really pass at all. (00:59:10)

All that's happened is I changed my state – that's all that happened – nothing else. Now, if I just changed my state, that doesn't mean I have become some all knowing being all of a sudden. I still have to learn, discover and grow and what does that depend upon? That's dependent upon my open mindedness, my open heartedness and a lot of other qualities. If I develop them here on Earth, I am going to develop very well in the spirit world. (00:59:42)

However, if I go along the other track, becoming very closed minded, rigid, all of those kind of things, what's going to happen is, I am going to arrive in the spirit world with all this rigidity, closed mindedness in exactly the same condition. Somebody comes along and tells me "Ah, actually you are in the 1st sphere". "What? Which sphere? You mean there are more spheres? I don't believe you. I can only believe what I can see". How many times have you heard that on Earth? I can only believe what I can see. Do you think that will change when you pass? No, it's not going to go. You pass and you will only believe what you see if you retain that emotional belief. I hear and I can see that's where I came from, the Earth. I can see they have got their bodies and I haven't got that body anymore. I can go there to the Earth and touch the person's body and wow, I can put my hand right through their body and that's a bit weird, and so that's different. That's something that's new and I discover all that from personal experience. (01:00:44)

Then I start trusting “Ah, what he said to me was true – he said that I’d be able to do that. Maybe I should have listened to him about more things that he might know”. I start to discover that actually some other people know more than I do about this new world, or this new dimension I am living in. So I go off discovering all these beautiful things in this dimension. Most of us by the way, pass into the 1st dimension. That’s something that we need to address here on Earth, because the 1st dimension is a far cry from where God created us to be. We need to deal with that issue, and have more bliss in our life than what we will experience in the first sphere. (01:01:26)

So, most of us pass into the 1st sphere. We have this process of discovery going on, just like you have right here, right now. It’s exactly the same really, except, as all the spirits who are here listening know, (there are quite a lot of them here). As all of them know, they know it because they’ve passed. That’s the only difference. What we want to do is know beforehand, the things that we are going to experience. I don’t mean that we become closed minded once we know it. What I mean is we want to open our mind and heart to the fact that this experience might be possible, because if we open our mind and heart now, when we go there and we are shown, and somebody talks to us about it, we’ll think “Ah I have heard this before”. That’s going to help us a lot in our future life. That’s why it’s so important. (01:02:17)

There are literally billions and billions and billions of people who have passed from this Earth, who are still stuck in this First sphere place. In places where they are still experiencing terrible, terrible emotions and the main reason why, is because they don’t want to listen to anyone. They don’t want to get out of that state because they just don’t want to listen to somebody, and so we don’t want to do that. That would be a huge waste of our lives. I have talked too many who have waited thousands of years in that state; not wanting to listen to anybody, thinking that the life they currently have is the only life they can only create. How many people on Earth think that, the majority. Don’t they? How many of us think that the life on Earth we currently have, is the only life we can create? Quite a lot of people on Earth believe that. I’m suggesting that you don’t believe that, and also don’t assume that you are automatically going to be “all knowing” when you pass, because you aren’t. (01:03:26)

8.1.5. Question of development of senses in the physical

Participant: If my body develops in the physical are my senses also developing more, is my sensitivity developing more?

We’ll answer the questions of development later in our presentation. We have just one thing to understand, that the soul changing is what causes all the development of all our senses. We will talk about how we can change the soul as we go on in our discussion. It’s important to understand that you can spend a lot of time on your physical body developing something, when you could do it in a fraction of the time if you developed the soul. (01:04:23)

So, you are far better off developing your soul. For example, many of us have become very health conscious. Who is pretty health conscious? Good, over half the audience. You can become health conscious and so what you do is you start picking out this food and say “I don’t want to have that food any more”. We start making some rules for ourselves about what to eat and we become quite health conscious. When we get a bit of an ache, we wonder what that’s about and we rush up to a naturopath or a healer and work through that emotion, and so on. Then when we are 40 or 50 or even earlier, we maybe get cancer and then – “Well there’s something else that is going on in here. I’ll change my diet a bit more”. Then I realize, “Ah! There is some emotion connected to these diseases”. I start realizing something about that; I might work through the emotion that created my cancer. I then deal with other things going on in my body that way. However initially, we are very focused on the physical, aren’t we, when we start caring for ourselves. I am suggesting that you keep caring for yourself physically, but you will also need to start looking at caring for yourself at the soul level, because if you do, everything else will change in the most rapid way possible. That’s just something to bear in mind for future discussion. (01:05:59)

8.1.6. Can we experience in more than one sphere?

Participant: I have a question about being within the spheres. At any one time for instance right now, are we within this one sphere, or could we be visiting other spheres at the same time? Are we solely encapsulated within one, at any time, because we have these teachers like yourself standing there saying you have this knowledge, and sharing that with us – does that mean that you could perhaps be in more than one sphere at a time? (01:06:31)

The truth is, right now all of us are in the sphere relevant for our soul condition, which is a condition of love. The spheres we can travel to are dependent on how much we love. So, if I love to the extent that I could live, if I passed, in the 3rd sphere, then even in my physical state I could travel from Earth to the 1st sphere, to the 2nd sphere, or the 3rd sphere, but I can't go any further, because each sphere has an interstellar boundary. The Interstellar Boundary is a boundary of a certain level of love, and if my soul hasn't developed enough in that particular aspect of love, I cannot cross that boundary. (01:07:19)

That's the only thing that prevents me from travelling through different dimensions. So, if I am on the Earth and I develop my soul, I can develop my soul to the 22nd sphere while I live on Earth. In the 1st Century I developed my soul into the 10th sphere while I was on Earth, so all I could do when I passed into the spirit world was go to the 10th sphere, or any sphere below that, but I couldn't go above that. I had to develop more love in my soul to go to the 11th sphere, and then the 12th sphere and so forth. (01:07:50)

Each sphere has a boundary of love preventing you from progressing into that sphere, unless your soul resonates with that boundary -unless there is a certain vibration. This is why people talk about a vibration; the Interstellar Boundaries are a certain level of vibration. My suggestion to you is, forget all that vibration nonsense. It's not nonsense in the sense that there is a vibration, a physical vibration when you go there, but it is nonsense in the sense that it doesn't tell you the full truth. (01:08:24)

The full truth is that it is love that you are experiencing to a certain level; it's about your growth in love. If you just focus on that, that's a lot simpler than asking, "What vibration I have got to work through?" If you just ask what are the lessons of love that I have got to learn before I can make this transition from the 3rd sphere to the 4th sphere? Any spirit by the way, who has made the transition, will be able to tell you that you will be able to progress very, very rapidly when you work your way through that. (01:08:56)

So understand that if this metaphysical stuff, becomes your focus, it is going to actually distract you from the truth of the universe - that everything is based around love, every bit of development that you can do. For many of us we'll feel like "Wow that's pretty good because that's nice and simple isn't it?" It's so simple, that a child could understand it, anyone can understand that. A child can experience the experience of love and understand what love is, and so the child can understand the secrets of the universe. (01:09:37)

When we start reading all the scientific literature, we get into all this "multidimensional space". Then we start reading all of the scientific stuff with physics and then we start going into the interstellar mathematical boundaries and all those calculations that all the mathematicians get into, well then it starts getting complicated now, doesn't it? Can you see that? It takes us away from the truth, the simple truth, that it's all just progression in love. So, that's a beautiful truth to remember all your life. That's the truth I have tried to remember all my life. (01:10:10)

8.1.7. When we pass, can we degrade?

Participant: When we incarnate, and say for example we have reached level four and we incarnate, is there any chance that when we pass we can go to a lower level depending on what I guess we are doing on this plane, or is the progression generally upwards? (01:10:45)

Well, firstly your question betrays the number of errors about the process of incarnation that we'll have to address. We'll address those when we talk about incarnation and where we incarnate to. You are really asking a question about reincarnation not incarnation, when I was talking about the very first incarnation that we experience. So I want to address the difference between that incarnation and reincarnation. (01:11:13)

So there is a very different answer for those questions depending on where we are coming from. However, in answer to the question about whether you can degrade in condition – yes you can. Of course remember, I can grow in love just as much as if I make different choices, but I can actually degrade in love. If I choose to make a choice that causes my soul to degrade in love, I can certainly get into a worse condition. (01:11:45)

I'll answer the other questions when we talk about the incarnation and reincarnation process. Bear in mind, that if you make a choice inside of yourself that's disharmonious with love, your soul condition degrades. When you make a choice

that's harmonious with love, and you feel that choice in your heart, your soul condition expands. To be frank with you, most of you can feel that happening. (01:12:20)

You feel the joy of making choices harmonious with love. You think about the different qualities that are harmonious with love. When you are generous with someone without wanting something back – how do you feel when you do that? You feel the truth that there is more happiness in giving and receiving right? You feel that inside of yourself, so you just grew a bit in love. (01:12:43)

But, when you make a choice out of anger and resentment to harm somebody like, “She stole my boyfriend – I think I am going to do something to break up that new relationship”, so I'll tell some lies here and there. Do I feel good about that really? I might be angry, but when I go back and reflect upon it and have to tell somebody else about what I have done, what does it feel like inside then? Usually it's not very good right? We think, “Ah that wasn't very nice”. So, we automatically have these barometers inside of us, one of the instinctual barometers is when we display love compared to when we don't. We certainly can degrade in love. (01:13:29)

8.1.8. What do you feel when passing between levels?

Participant: You have described these different levels of love. What would you have to experience and what would you have to feel to pass from one level to the next? (01:13:50)

Let me describe the 2nd and 3rd sphere transition for you. Remember there are different dimensions, different places of existence that are actually much happier, much more joyful and also much more beautiful in each case. To get from the 2nd to the 3rd sphere you have to learn a primary lesson about love, that love always tells the truth no matter what the consequences are. (01:14:25)

To describe how fine that is, you wake up in the morning, your wife says, “How are you?” You say, “I feel good”, when actually you are feeling quite afraid. You just lied. You are not in that condition of love yet – does that make sense? If your wife asks you, “Were you out with someone last night?” and you think that, “Yeah, we went out for some work and there were some women there and my wife's a bit jealous. She might think that something was going on when there wasn't. So it's better if I just don't tell her the truth, because otherwise there might be an argument and she might flare up”. I avoid her jealousy by actually saying “No no I was just at work”. I am just not in that condition of love yet, in that truthful condition where I could make the transition between the 2nd and the 3rd sphere. (01:15:20)

So, just the condition of telling the truth to myself and to everyone else around you, is the transition between the 2nd and the 3rd sphere. Now how much of the Earth is in that state? Very, very few people on this planet are in that state, and if we are honest with ourselves we could see that in our own lives we often tell a little fib here, withhold the truth there, and before we know it, what we have done is we have prevented ourselves from making that transition. (01:15:54)

Now when you make that transition, what goes through you is this amazing realization. Every time I say the exact truth as it is, to absolutely every single person around me, no matter what their response is, it gives me this freedom. There's also this beautiful feeling that passes through you every time that you have honoured yourself, and honoured your feelings, and your emotions, and honoured the truth, you grow immensely through this transition from the 2nd to the 3rd sphere. (01:16:29)

What often happens though, is we are so afraid of other people's emotions, we are so afraid that someone might not like us, we are so afraid of those kind of emotions coming from other people, that we lock ourselves in this place where we can't progress beyond that 2nd sphere state. To be frank, there are very few people on Earth historically, who have ever gone to the spirit world in the 3rd sphere state, that's the truth. It is just for that one reason; they haven't actually spoken and lived in harmony with the truth while they were on Earth. Now, it might seem like a large demand but actually when you get into that state really, it's so easy to do and so enjoyable. Every single interaction we have with every single person is truthful, and it's such a beautiful place to be, when we make that transition. The majority of us don't make that transition until we hit the spirit world, and then we can make that transition. Does that answer that question? (01:17:39)

8.1.9. I was emotionally stirred up in coming here!

Participant: Coming here this morning I was quite confused, I have a fear and I was very, emotionally stirred up.

How many of the rest of you felt that way, emotionally stirred up about coming here today? Quite a few, not very many of you – I am impressed. (01:18:20)

8.1.10. Are we born loving?

Participant: Are we born unconditionally loving at the first incarnation? (01:18:33)

Now, to answer this question, we have got to understand the difference between birth and conception and incarnation. The truth is we don't incarnate at the time of our birth. It's actually at the time of our conception, or shortly after. So, the question then would have to become when I was conceived. Was I conceived being in a loving state? Yes, just the moment before you were conceived, you were in a 6th sphere natural love state, just a moment before you were conceived. Later I'll talk about what happened after, to change that, but at the moment we were conceived, we were in that state. (01:19:25)

8.1.11. Can we prevent self-reliance?

Participant: Can we prevent self reliance?

Certainly we can and we'll talk about all of those things when we talk about soul progression, which is coming up later today. Are there any more questions about the spheres? (01:19:45)

8.1.12. Is there a chart of progression?

Participant: AJ, is there a chart that you have done with the levels of love that you have to achieve to go through to each sphere? (01:19:56)

There's no correlation chart of all the different levels of love that you need to discover to go through each sphere, because understand that to do so, would be presenting to you a whole intellectual argument, and none of the progression above the 6th sphere can happen intellectually. In fact the majority of progression underneath the 6th sphere can't happen intellectually either. (01:20:17)

So, if you get hit with a chart with all these different things, most of us would feel totally overwhelmed, because literally, there are thousands and thousands of lessons allocated to the progress in all of these spheres. We would look at that and we would go "Wow that's a pretty daunting task, I don't know if I want to bite that off for the rest of my life". So, we wouldn't want to be experiencing it and we'd also try to manufacture it with our mind. To be frank with you, the majority of people who have passed in the spirit world are trying to manufacture it with their minds and are failing, because this progression is not about the mind. (01:20:56)

All progression in fact, is not about the mind. You know when people talk about the mind of God, and growing with the mind and all that kind of stuff, just cross out the word mind and replace it with the word soul. You'll have a far better understanding of what's going on in the universe, because the mind is not capable of actually growing in love. (01:21:18)

Think about that for a moment – somebody comes along who has never experienced love all of their life. Reminds me about the movie Tarzan where he's never had a relationship with another person all of his life, and then Jane comes along. There's this huge reaction going on – his first experience of love. Just before that point, imagine sitting down with Tarzan and saying, "You know mate, this is what love is like", and you are trying to intellectually describe all the things love is to him. Now, do you think Tarzan would have understood a single word of that at the time? No, but as soon as he felt the emotion – this emotion that just drives him, and then somebody comes along and says "See that emotion – that's love, that's what you are feeling". Now he understands – because he's experienced it. This is the thing with all of this progression; you will never be able to learn it with your mind you are going to have to experience it. (01:22:34)

Remember that when we talk about love, we are talking about an emotion – an emotion that our minds still really don't understand. We are only going to understand it at the soul level, this thing called love. "This crazy little thing called love" (AJ breaks out in song). That's what we're going to have to come to understand. By the way, I occasionally do this – break out in song and I am not apologizing if it puts you off. I am not as good as Elvis, that's for sure. (01:23:18)

So what we are doing is we are learning about love. The Everly Brothers sing the song “Love hurts”, honestly, what we think we know about love on this planet is just a lot of lies. We need to come to discover what love really is. Are there any more questions about the dimensional spaces and what’s going on with the dimensions? (01:23:49)

8.1.13. *Is this related to the Munroe levels?*

Participant: Are the spheres, like the levels that Munroe teaches at the Munroe Light Institute in America with the focus levels, they are almost the same levels, but they focus on the soul’s progress through experience in different stages, or is it just an ongoing progress of love? (01:24:32)

What I would like to do is sort of wrap up all the different types of descriptions of the first seven spheres that people on the planet have given. While many of the things they present are true, about what is in each sphere and what the state is emotionally in each sphere, but the best way to understand it is, it’s just about love. It’s all about love and if you understand it this way, you will progress through those states much more rapidly than if you try to do all the metaphysical things that a lot of these different teachers suggest. I know this might sound quite arrogant, but I am going to lump all of those teachings into a thing called the natural love path which we will talk about in a minute. My suggestion is they are not going to be the fastest way for you to progress in your life, towards a life of bliss. They can be very helpful intellectually, to get you to open emotionally, but they are not always going to assist you in your everlasting progress. (01:25:47)

I know that’s a very general answer but the truth is, there are literally thousands and thousands and thousands of teachings on this planet that refer to this progress, which I’ll refer to as natural love progress. You have heard of all of them before in different guises really, and if you think back on all of these different things you have heard, they are all just the same thing in many cases, presented in a different language. What I want to do is present to you a different path of progression which is not known on the Earth, although many people believe they know it. I would like to discuss with you what that path is and how easy it is. Perhaps what I should say is it’s simple to understand, but not easy to do. (01:26:37)

In the 1st Century I called it the “Narrow Way that leads to life”. What I would lump all these other (natural love) things in, is the Broad Way leading to a 6th sphere condition. The Bible actually talks about the Broad Way leading to destruction – it’s not that at all. They all lead to a 6th sphere condition which is this condition here, (points to the 6th sphere level) but they never result in further progression after that. My suggestion is to start giving up those ways, and just focus your entire life on progressing in love and you’ll rapidly transcend most of those teachings. (01:27:15)

8.1.14. *How do I know what level I am in?*

Participant: I’ve come here for first time and I hope it’s not a silly question but I am just wondering -if there are so many layers, how do I find which position I am in? (01:27:45)

My suggestion is to give that up completely, to give up the desire for you to know where you are at this point. Now, when I say the majority of us on Earth are in the 1st sphere state, I am telling you a truth, and that means that the majority of us in the audience are going to be in that state. Now, you can see most of us haven’t made just the transition between the 2nd and the 3rd sphere state. How many times a day do I withhold the truth, not tell truth about what I am feeling or actually go ahead and lie about how I am feeling? That happens quite a lot, right? So, I might not have even reached that state and that’s quite easy to see. (01:28:29)

The key is to give up this question. You’re not being told this in order to measure yourself and you are not being told this in order to judge yourself, so remember that. This is not a judgement; this is just a statement of fact. We don’t want to judge ourselves by where we are. What we want to do is understand how we can grow from where we are, to where we want to be. (01:28:56)

Now my suggestion is that all of you have the capacity to grow to what’s called an 8th sphere condition. I call that the condition of “at-onement with God”. Now you have all heard that explained in different terminologies and we’ll discuss those later. My suggestion is to give up the idea about where you are and just focus on where you are headed. Let yourself see through what you learn in love, “Ah, I have got to give up that because that’s an error in love”, “Ah, I have got to give up that, that’s an error in love”. Remember that each time you give up anything; you are giving it up emotionally. It isn’t going to be something you can work your way through with your mind. It’s going to have to be something that’s a real change inside of yourself in your heart. Then you can grow. (01:29:47)

8.1.15. Question regarding the relationship with Maori teachings.

Participant: Hi AJ, I am grateful to be here and grateful to meet you and if you are Jesus Christ then I am happy with that. What I am also happy with is my interpretation of the dimensions, which is totally different. I come from a traditional background, from the Maori people in New Zealand and I follow a process where we stay in a position of suspension of judgment and we don't judge religion, or whatever you are telling me. I'm curious about the word dimension. It is never mentioned on the other side, it is a human need and they don't use that word per se, as they say, it is only necessary for knowledge on the Earth. Having said that, I find what you're trying to tell me quite interesting. I have been to the 15th dimension and it is quite an interesting place. I follow our ancestral cultural line from Lemuria, to Atlantis down to Jesus Christ and down to where I am now. If there's an easy way to teach souls on Earth, a simplified way, then good. (01:31:28)

Yeah, I can feel a lot of your teachings and I can also feel the group of spirits who are surrounding you passing those teachings to you. While their cultural beliefs are along the same lines, there are whole groups of Maori in the past who have actually dropped those teachings and now have different teachings as well. So, my suggestion is, for the groups of spirits that are with you, and you yourself, is to maybe just allow yourself for a moment to consider that there might be other things that could be learned in this whole process. Often what's happening for the majority of us, particularly if we're mediumistic, which you are, (what I mean is you can talk to other spirits, talk to other people who have passed), is we start assimilating everything from the point of view of what they know. (01:32:22)

Often we don't understand that there's a whole group of things that they do not know, and that's the difficult thing to face in most cases. My suggestion is to allow yourself (and I am now talking to the spirits with you actually), to just look at the fact that there might be a whole group of things and I have suggested that there are, a whole group of things that they are yet to understand about their condition. Now with regard to the terminology in the spirit world, there are many spirits who use the term spheres or dimensions. Not on the path of the spirits that you have been speaking with directly, but there are many others who use that terminology. (01:33:05)

My suggestion is not to get hooked up in the terminology but just understand that all progression is about love. It's all about growing in love, and there are two types of love we'll discuss. It's about growing in love really, the only thing that's going to help this planet and the help the majority of the spirits who have passed, who are still in very poor condition, is growing in love. (01:33:30)

So we want to focus specifically on that, and non-judgment is one of those loving things to actually do. But, often what we do is that we feel non-judgment also means not making a choice or a decision and they are very, very different from each other. God gave you the ability to make choices. God also gave you the ability to determine what the Absolute Truth is and we'll talk about how God gave you that ability as well. Are there any other questions about these spheres? (01:34:05)

8.1.16. Question about Jesus' reincarnation 2,000 years ago

Participant: Hi Jesus. When you reincarnated as Jesus 2,000 years ago you must - (01:34:20)

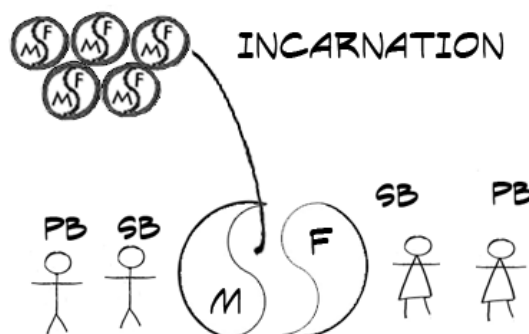
I didn't reincarnate as Jesus 2,000 years ago. 2,000 years ago was my first incarnation. I never had a previous existence before that and I can remember my life since then, until now. I didn't have an incarnation before that. My first incarnation was 2,000 years ago and the very next time I incarnated was this existence I am in right now, here on this planet. I never had any other incarnations in between that time. I just wanted to clarify that with you. We'll all talk about why that was the case in this discussion. Many people believe that I came to the Earth 2,000 years ago in a reincarnation, and that is not true. I just wanted to make sure that I clarified that with you. (01:35:24)

9. Secrets of the Universe Part 2

What I'd like to do now is describe a lot of processes to you. A lot of your questions will be answered by describing the entire process of incarnation and your growth and all those things. After I have described all of those things, you'll probably find a lot of questions are resolved. If there are any that aren't, then we can resolve them one by one. So let's look at the incarnation process. (00:00:33)

10. The Incarnation Process

Now, remember I am talking about your first incarnation. Remember I said all there are these little souls of which you were one half, each one of these souls has masculine and feminine qualities. If you can picture them all gathering around-God's creating them. What happen then, is two people on Earth get together and they want a bit of action! As soon as that desire is in any couple on Earth, some un-incarnated souls gather around them waiting for the process of being able to incarnate. Remember, this is your first incarnation, I am not talking about re-incarnation – I am talking about incarnation. (00:01:34)



Souls divide into two halves of soul that each have a spirit body (SB) and physical body (PB)

What happens first is they conceive during the sex act then one of these little souls splits. It splits in half; let's say it's the masculine part that did that first. Two little bodies were created and started to grow. There are two bodies that are created in the act of conception, not one. The two bodies are a material body - a physical body we will call it, and a spirit body. Then at some time in the future another couple get together and what happens is the second half of that soul is attracted to that couple, and its two bodies begin to grow. (00:02:35)

Now, right at the moment for the majority of us, our spirit body looks as bad or as good as we currently look. For some of us it might be worse than we currently look, and depending on our condition of love, for some of us it might be better than we currently look. (00:02:52)

If you passed today and you looked in a mirror, and yes there are mirrors in the spirit world, and you looked in the mirror you would recognize yourself. Many of you may feel like you don't want to recognize yourself like this anymore – that's too bad – we generally recognize ourselves. (00:03:12)

So what happens is that these two halves of the soul are now incarnated into two physical forms. Now, the soul itself has a wide variety of masculine and feminine traits, the part that is dominantly masculine, when they split into the two halves, will attract a male body to be created through the act of conception and the replication of the cell structure. The part that's a female when it incarnates will actually generate a female body, that's what happens in the process of incarnation. (00:04:01)

From the moment you are conceived, or you could say from the moment you are incarnated, you are now individualized. You are now experiencing things moment by moment by moment. So this little unborn child, at this stage sitting inside its mum's womb is already experiencing, and what it is first experiencing, is the emotional condition of its parents. (00:04:34)

All of those unresolved emotions that you have in you, that little child gets bombarded with them from the moment it's conceived. Many of those emotions don't feel good, even to ourselves, and of course they don't feel very good to the little

child either. The little child that started out in a 6th sphere condition, a 6th dimensional space condition of love, very, very rapidly gets harmed by a whole group of emotions from its environment. Usually by the time a child is actually born, it is usually already down into a 2nd or 3rd sphere state, after being conceived in a 6th sphere condition. Within a year or two after being born, the child's normally down even into a lower state than that, into a high first level sphere state generally. The reason why is because it is getting bombarded with unexpressed emotions that it is not allowed to express. (00:05:42)

You see what happens when a child is born and it starts crying and mummy goes "There, there don't cry" and all of a sudden what its learning is the emotion coming from the mother is "Please don't cry". So it goes, "Oh, mummy doesn't want me to cry so I can't cry." So there are a whole lot of emotions that are bombarding this little child that it then suppresses because of the desires of its environment, which is of course primarily the parents, but also all of the environment. (00:06:15)

You think about it, a person comes into this environment and let's say all of us here don't like hearing any truth. Let's say we are all in that state and a person who loves truth comes and stands in front of you, how is it going to feel for them? He's going to feel like a wall of, "Oh nobody wants to hear the truth". You have often done that yourself when you walk into a room and you feel that there's certain "energy". "Doesn't feel so good here, something's wrong here" is the feeling you often have inside of yourself, if you are sensitive. The child is feeling those things because it is in its most sensitive condition. (00:06:56)

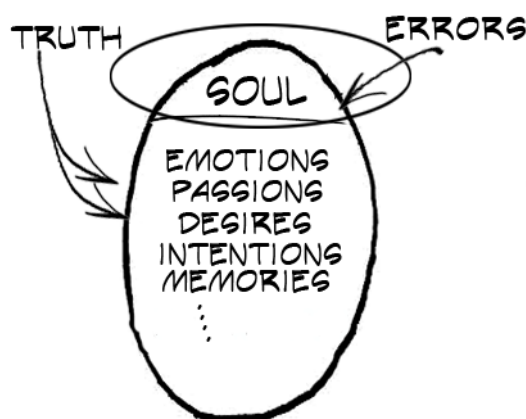
10.1. How is our soul different to our spirit body and how have we been affected emotionally

Mary: Would you be able to tell us, now we understand we have a physical body, a spirit body and a soul, what our soul is that is different from those other two bodies. Also why did our mothers stop us feeling our emotions, affect us all so much? (00:07:19)

Let's say our soul is this container of emotions, passions, desires, intentions, memories, (which are all really experiences), and so forth. (00:07:45)

Now every single unexpressed emotion the mother, or father or the environment feels, is bombarded at this little soul and enters it. Unless this little soul is allowed to completely experience that emotion, if it's sadness it's going to be by crying, (it often seems to cry for no reason). It's crying, crying, crying because it's feeling the emotion of grief from its environment and it has to express it. That's the way a little child is, it has to express its emotions. When a child begins to express emotions and the parent wants the child to shut down that grief, (because it's actually connecting the parent to his or her own grief that they don't want to feel), the child then gets a barrage causing it to shut down its own emotion. So then the child shuts down its own emotions. (00:08:57)

You could think of the soul as the container of these things. It's the container of your emotions, your passions, your desires, your longings, your intentions and so on. If the soul is these things and it needs to develop in love, then you can see that any emotional thing that harms that soul is going to harm its development in love. (00:09:25)



Truth and error both impact on the soul

Now, there are two types of influences on that soul. There's a truth influence, emotions regarding truth, when it's allowed to be in truth. When that soul is allowed to be in truth, it leaps for joy. It actually has a positive response to truth. When you hear truth you will generally have a positive response to truth, but then what happens is our mind clicks in and all of our doubts start rising and then we have a far less positive experience. Right at the beginning when we are hearing truth, we usually have a positive experience. (00:10:02)

We also have errors entering the soul in the same manner that I have just described. Our environment suppresses the expression of that emotion and so everyone in the environment gets the emotion to the maximum amount, and then those un-truths or errors enter our souls. In the 1st Century, I called those the sins. (00:10:26)

11. The Meaning of Sin

Sin in Greek is when you are missing the mark. When you are missing the mark of perfected love. So, when you sin, it's just really an error entering your soul and is often driven by an error that is already in your soul. So we actually do things that harm our own soul by acting in disharmony with love. Every time I act in disharmony with love, I am actually creating something in my soul along one of these lines that is damaged, and it's going to affect me emotionally. (00:11:09)

If you could think of your soul as a container of emotions, and your spirit body and material body as just robots that the soul uses to express itself in the different worlds, then you'll understand what the soul is. However, we are actually only one half of the soul; every person sitting here is actually one half of the soul, not a complete soul. (00:11:35)

12. The Meaning of Soulmate

A complete soul has two halves and those two halves will eventually come together and that's where the term "soulmates" arises from. (00:11:51)

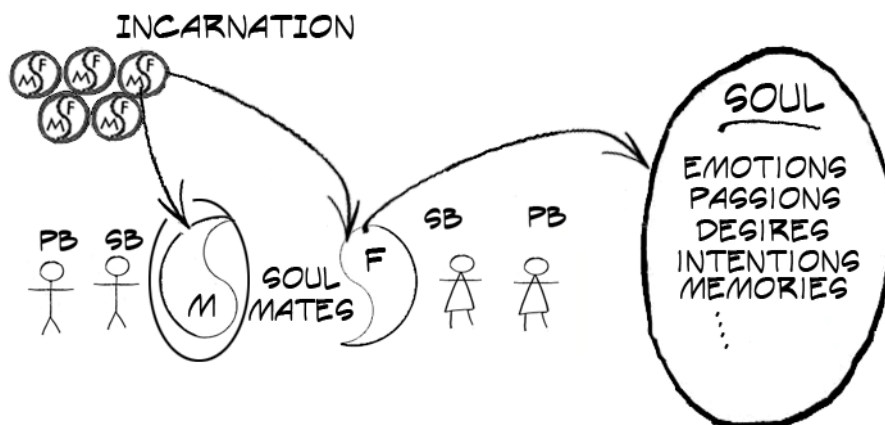
So, soulmates are the two halves of the soul split. There is only one other person in this universe that is your soulmate. That person could be on Earth or they could have already died and gone to the spirit world. Usually soulmates incarnate within 20 to 30 years of each other – in fact, it's very rare to have them beyond that time. That is because the amount of draw that happens when half of the soul incarnates, causes the other half of the soul to be attracted to it, and so there's a high desire now in the other half of the soul to incarnate as well. Usually most souls incarnate within 5 to 10 years of each other. It's rare to get them 15, 20 or maybe even 30 years apart, although it has been known to occur. (00:12:49)

Now these soulmates aren't somebody you go along and say, "Ah that's a nice fellow, I think I really like him, he must be my soulmate." It's not like that at all. The soulmate is actually physically the other half of your soul. It's not somebody you can choose – how do you feel about that? So much for your soul's free will choice! You mean that this person is the other half of my soul and I can't choose someone different? Yes, that's what I am saying. (00:13:25)

The truth is though that when you develop, the two soul halves automatically feel drawn to each other. It's an automatic process because of the characteristics of the entire soul are split between the two halves. That creates a huge bond of attraction between those two halves. Because of that, the majority of people do meet their soulmates while they live on the Earth. (00:13:55)

However, the majority of people meet their soulmates but because of their emotional injuries, people pass from this world into the spirit world and they progress through the spirit world in different degrees of love. By the time they get to the 5th sphere, many of them now meet their soulmate again. Then they start to connect because they have grown in love enough to stop looking at the physical, and start looking at the soul based stuff, to actually see that there is an attraction. (00:14:42)

So, you can see the soul as a container full of all of you – you are the container, but not at the physical state and not at the spirit body state. You are actually this other state, the soul, which has infinite growth available to it. You grow infinitely in this state. At a time in your progression in the future, your physical body will disappear and then at another time in your progression in the future, your spirit body may disappear. What will be left is the complete soul and we'll talk about how that works. Are there any questions about that so far? (00:15:27)



The real us is our souls

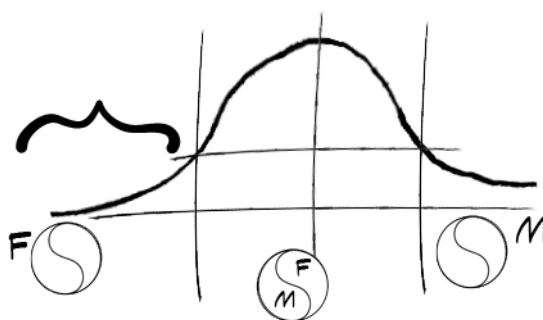
12.1. Audience Question

12.1.1. What about female energy in a male body?

Participant: I just want to get some understanding about the original soul splitting into male and female parts. When you have a female energy actually occupying a physical male body, or a male energy occupying a female body, what are the causative emotional reasons for that? (00:16:05)

Firstly, I want to just make sure we are clear on a few issues about the bodies themselves. Every single half of the soul has male and female characteristics inside of itself. However, remember I said that it's the dominant sexual characteristic of the half that attracts the body. So if this half (points to one side) is dominantly male, then it will attract a male dominant body. In other words, the gender of the body while it is living on Earth will be male, and the gender of the spirit body will be male. (00:16:44)

The same applies to the female. So, if this half is predominantly female, then it will attract a dominantly female form in both the physical and spirit bodies. That doesn't mean that all souls split into male/ female, because many souls have variances in their sum total of sexuality. They have a very wide variance between them. Some of you have heard of the distribution graph. Do you remember that from your school days - statistical analysis? (00:17:28)



There is a normal distribution of male and female characteristics in the souls that God creates

On this side of the graph (the right), the dominant characteristics of the entire soul are female- the two halves. On this half, (the left), the dominant characteristics of the entire soul are male. In between a certain range of male /female characteristics, each soul will split into a male/ female form, 80 to 90% of souls split that way. However on this side, (the far right hand side) you can see you have got an area where the soul, the whole soul, the combined soul is dominantly female. When that happens, when the soul splits, they will both attract female bodies, even though each part of the soul still has some masculine characteristics. So, this soul over here will attract two female bodies when it splits and (the far left hand side), both halves of this soul over here will attract two male bodies, when it splits. (00:18:38)

You can see, there are only really three possible conditions for your soulmate and yourself. That is; you're a female and your soulmate's a male, you're a female and your soulmate's a female, or you're a male and your soulmate's a male. These are the only three possible conditions with regards to soul attraction. God created female homosexuality, male homosexuality and heterosexuality. (00:19:19)

From God's perspective, there is no bisexuality. Bisexuality occurs because of the confusion of all the emotional injuries that we have about sexuality here on Earth. In fact, I can even think I am homosexual when I'm not, when actually; it's my emotional injuries that have caused me to think that. I can even think I am heterosexual when I'm not, and it'll actually be due to emotional injuries. (00:19:52)

12.1.2. Can soulmates be born as brothers?

Participant: Is it possible with soulmates that instead of being homosexual, could they just be two brothers born together? (00:20:03)

The soulmate halves always have a sexual connection and there's a good reason for that. God created you eventually to end up in a permanent sexual union and so all soulmate halves will have a sexual connection. Now, way, way, way back when there were a very few people on the planet, there were times when those two soul halves were brothers or sisters. It is very, very rare for that to occur nowadays. (00:20:31)

12.1.3. Can soulmates be a mother and a son?

Participant: What about the situation of perhaps a mother and a son? (00:20:36)

That's impossible to occur. God's made that impossible to occur. If a mother feels that her son is her soulmate in terms of the fact that they have a very strong soul connection, most of the time it is due to having very, very similar qualities and desires of the soul. They then misinterpret that and think that that person is my soulmate. In New Age literature and philosophy, what I am calling a soulmate, they call a twin flame. In New Age literature, any one you are attracted to, they call a soulmate, that's not what I mean when I talk about soulmate. A mother can certainly be attracted to her son, not in a sexual way, but attracted in lots of other ways, but that does not make them soulmates. (00:21:29)

12.1.4. Is it impossible for a parent to be the soulmate of his or her own child?

Participant: So, you are saying that it's actually something impossible? (00:21:34)

It's impossible to occur. It's due to the distance between incarnations. What happens is, when the first half of the soul incarnates, the desire for the next half of the soul to incarnate now multiplies, and it will usually incarnate in the same generation. (00:22:01)

It's very, very rare for a soul to incarnate in a different generation. The way God's made the whole structure is that the incarnation process is very much part and parcel of your sexuality. When I say impossible, I don't really mean entirely impossible because nothing's really impossible due to emotional injuries. (00:22:26)

The truth is on the planet today, there are a lot of things that God didn't design to happen that do, due to emotional injuries. For instance, God didn't create the nuclear bomb, mankind in a state of emotional injury created the nuclear bomb. God never intended that man should create the nuclear bomb. If man was in a state of love, he wouldn't have, but he did and God's given him the free will to do it. God provided the laws for example, free will, that allow it to happen, but it happened because of man's desire. (00:23:01)

The trouble with analysing a lot of current relationships is that you are actually looking at them through the filter of the untruth that's happening on Earth today, rather than seeing them from the truth perspective. (00:23:15)

What's happening on Earth today is very much the result of emotional damage and injuries due to a lack of love being on the planet. When we're in a state of love, you will find that you can actually choose which soul will incarnate when you conceive. For many people this doesn't happen right now right, but you can actually do that. In the 1st Century myself and my soulmate made love and chose together, through our intention, (it was because of someone I met before then),

who would incarnate into this newly conceived child that we created and that person became our daughter Sara. So you can do that too. (00:24:07)

12.1.5. Is it luck that I was born in Australia?

Participant: Is it just luck that I was incarnated in Australia as opposed to Africa? (00:24:15)

Nothing is luck. There are a whole lot of spiritual, emotional, physical and environmental factors that influence the laws of attraction of your parents that actually influence what type of soul they actually draw to them when they conceive. It changes with each conception due to the type of influences that are occurring at that time. (00:24:43)

So for example, in your state you were a female child attracted to your parents. There are a whole lot of laws involved in your parents attracting a female child at that particular time. That set of laws would be different with each new child they attracted. Each time a couple makes love, there's a whole separate set of emotional conditions going on for that particular event. That creates a whole different set of attractions and so it is not by luck that anything occurs. It's all based on the Law of Attraction, but not on your Law of Attraction. It's based on a mixture of your personality being needed by that couple to trigger certain emotions in that couple that they are denying. (00:25:35)

Now unfortunately what happens is the couple has the baby and the baby starts triggering the couple's emotions. The couple then suppresses the child's emotions, and then they might even beat it, or abuse it, or whatever to suppress their experience of the emotions that the child is triggering. The truth is, that every single child incarnated is attracted because of the mixture of the personality of that child being needed by the parents to work their way through their condition, or work their way through their desires and emotions (that are both harmonious and out of harmony with love). (00:26:10)

It's a very mathematical and exact thing. God actually knows (and I don't know by the way), who will incarnate to every single couple, due to the emotional injuries, emotions, desires and all of the Law of Attraction events that are going on for that couple. It's a very complicated process but simple in a way, in that you can override it by your desire. So, once you are aware of it, you can start desiring things in a different manner and this also applies by the way, to a lot of things that happen on Earth. (00:26:49)

Currently a lot of the things that happen on Earth are automatic. They are automatically happening without our awareness. When you become aware of what's going on at your soul level and start exercising your soul desires- because you have cleared away the emotions that prevent you from doing so, your desires start to build. When those desires build, a whole different set of events can occur because you are now utilizing the laws of the universe in a conscious manner. That's part of what I want to talk to you about, utilizing those laws in a soul based consciousness manner, not in an intellectual way. Many of you have been taught to do it in your mind right? What I want to do is help you get away from that and into the actual power of creation, which is all about the feelings and emotions. The expression of the soul. (00:27:40)

12.1.6. What about children who are convinced they're in the wrong body?

Participant: Recently I saw a documentary where children were convinced that they are in a wrong body and wanted to have a sex change. What's that about? (00:28:00)

The majority of people who are being convinced that they need a sex change are being heavily influenced by spirits due to the emotional injuries that have come into the child from the parent. It's actually the parent's unhealed emotion that causes an attraction to a spirit of an opposite gender to the child. The child then believes itself to be of that gender. Almost all of these kinds of sex change things that occur are due to spirit connection. (00:28:29)

The problem with a lot of things that are happening on Earth today are occurring because we are so far out of harmony with love that we are attracting all sorts of spirits in all sorts of conditions. For example, let's say I am a spirit and I pass over. I am a male but I have huge injuries my whole life about being male. Those injuries might include being sexually abused by my mother, or I was always told that I was effeminate, or I was always treated with anger and abuse from other males. So all of my life on Earth basically, I was tormented for being who I was – an effeminate male. Then I pass. (00:29:29)

Now, let's say, there is a parent who has a homophobic emotion within themselves that they haven't released and they have a female child. There is a Law of Attraction established between this spirit who doesn't want to be male, who wants

to be a female and the newly created child on Earth. That spirit will be attracted to that child and heavily influence that child in a certain direction with regard to sexuality and gender. It may even convince that child that it's not of that particular gender that it was born into. That child may eventually when it grows up, go through a sex change operation because of that connection with the spirit. (00:30:23)

So, before you do anything permanently to your body, the rule is, find out whether you have spirits attached to you causing you to have certain beliefs. Try to find out what's underneath of that, what emotion inside of you creates that attraction. For the love of yourself, work through that - get out the other side of that. If you still believe yourself to be in the wrong body, then you may decide what you want to do with that, but don't make decisions without being fully aware of what's going on. (00:31:00)

It's very important to understand that the majority of us here are being influenced by spirits daily, hourly and even minute by minute. Often when I am talking, you will notice that certain subjects will pop up and half of you feel like going to sleep. You are being influenced by your spirit friends who don't want you to listen to that particular subject right at that moment (or it could be that I am boring). I want to assume it's the first one! (00:31:31)

A lot of the time what happens is – I have seen this happening, where a person puts up their hand and asks me a question and they are fully immersed. As I am telling them the answer, I can see them shutting down and five minutes later they are asleep, that same person who was fully engaged just moments before. All the time I can see a spirit influencing them causing them to shut down, not wanting them to hear certain things. Now why do spirits do that? We'll talk about that in a minute. (00:32:11)

12.1.7. How does the IVF system work with this?

Participant: How does the IVF system work with this? (00:32:27)

It's a question I have answered before actually in quite a few presentations. A lot of IVF doesn't take because there are a lot of things going on emotionally. Firstly, why doesn't a couple conceive in the first place? It's because of specific emotions in the mother and father, that the conception is not taking place. (00:32:54)

A lot of people then say, it's to do with the sperm count, it's to do with this and that, but no, it's not I'm sorry. It's actually to do with specific emotions that create those effects. Some of those effects can be a low sperm count, or even no sperm, or the egg not releasing, and all those sorts of things that go on due to emotional injuries. Most of the emotional injuries are inter-gender based injuries. So the couple not conceiving in the first place is often due to emotional injuries. (00:33:24)

Many of you have heard of couples not conceiving. They go through a whole IVF program, they conceive a child and later they conceive another one naturally. Why did that happen? Because certain emotional injuries got released during that time. Emotional injuries are very specific regarding what they attract each time. (00:33:48)

So we say we want a child and we are not attracting a child. It's because of an emotional injury inside of us that is not attracting a child, assuming of course we are making love or having sex and, of course, if you are not having sex and you want a child, that's a different thing. There are different sets of attractions there. If you don't want to have sex, obviously you need to adopt – but I am talking about the normal relationship thing going on. (00:34:16)

The reason why many IVFs aren't successful is the same reason that the couple can't conceive in the first place. What's going on might be that the woman or the man is actually investing a lot of emotions in having a child. If they want to have a child for some unhealed emotional reason within themselves, many children wanting to incarnate are repelled by that emotion. That being said, a child conceived through IVF is still conceived through the emotional condition of the parents who have longed for it – so it's still governed by the same laws and the same principles. (00:35:10)

Many of you were born and had a job before you incarnated. Your job was to love your mummy or love your daddy. It's a terribly oppressive emotion and it's an emotion that causes the rejection of the incarnation of children. It's a similar kind of emotion that causes miscarriages –there are all sorts of emotions that cause miscarriages and lack of conception. (00:35:29)

Understand that everything that happens is because of a soul based emotional cause. It's very powerful to understand that. (00:35:49)

12.1.8. How is soul chosen to incarnate?

Participant: I have just about forgotten my question now. I think earlier on you said when a guy and a girl get together; they have a bunch of souls floating around, waiting to see what happens. (00:36:05)

They are attracted by the sexual desire expressed by the couple. (00:36:13)

Participant: How do they decide, do they have a little flip of coin to see which soul actually gets the job? (00:36:24)

The soul coming in doesn't decide who gets the job. The soul coming in who will get the connection will be the soul who has the exact personality requirements for those two parents at that particular moment. That's who's going to come in at that particular time. So there is a queue of souls who match the requirements if you like, but there'll be one of those who will match the requirements to the most perfect degree. That particular soul, or half of the soul, will be the one that will incarnate into that body. (00:37:03)

12.1.9. If parents clear emotional damage, does the child become no longer autistic?

Participant: AJ, I am curious about autism. If parents have emotional damage and there's an autistic child, if they clear that damage, does that child have a choice to be un-autistic? (00:37:30)

Yes, you can experiment with that if you want. I am sure you will want to if you have an autistic child. What happens for an autistic child is that there are so many emotions coming to the child that it can't determine the difference between the emotions coming to it, and its own emotions. What it starts doing is expressing, moment by moment, the emotions coming to it, rather than its own emotions. In other words, because of its sensitivity, it has great difficulty in determining its own self awareness. (00:38:13)

You will notice actually over the last 20, 30 years – children are much more sensitive. This is a growing fact because as mankind's condition expands in love generally, then the children coming have less damage in love, so therefore they are less suppressed. Now, when the parents release different emotions that cause this barrage of emotions coming to the very sensitive child, the child will no longer be autistic. (00:38:58)

There are some couples who have already started doing this and they have people ask, "What are you doing now, what's going on?" and they say, "Ah we're dealing with our emotions" and they say, "I can't believe you." The children are changing rapidly as a result of their parents dealing with their own emotions. (00:39:21)

12.1.10. Spirit stops me asking about Osho

Participant: For quite a while I have tried to ask you about Osho. He is a master from India. (00:40:04)

You must understand that just because I am Jesus, I don't know 6 billion people. Do you know 6 billion people? No, so I don't know 6 billion people. Some of them I do know. (00:40:17)

Participant: He's very famous. Every time I have tried to ask you about him, I have had the experience of a spirit around me who stops it. It is quite amazing for me to watch. I have to really make an effort to ask you. (00:40:52)

What's the spirit around you that's stops the asking? (00:40:55)

Participant: I feel my heart is beating and I'd like to ask you what sphere he is in but maybe you don't know. (00:41:06)

Can I ask you what your feeling is? Can you identify that feeling? (00:41:09)

Participant: I have a feeling I shouldn't ask. (00:41:14)

Why? Why shouldn't you ask? (00:41:16)

Participant: Because in that community beautiful things were happening like meditation and self realization and therapy and but there was a lot, a lot of sexual activity. (00:41:35)

Right, can you see why the spirit doesn't want you to ask, because the spirit doesn't want you to know the truth about what was going on? The spirit doesn't want you to know what the truth is, because the spirit was involved in the sexual activity. If I say the truth to you and people know what was going on, then all the people may no longer engage in the sexual activity that they were doing, and then all the spirits who invested in that sexual activity where would they be? Sexually, they would be frustrated. (00:42:10)

12.1.11. Is there something wrong with this sexual activity?

Participant: Are you implying that there is something wrong with that sexual activity? (00:42:22)

I am not implying that there is something wrong with sexual activity. What I am implying is that there is something wrong with sexual activity that you are not consenting to, and not knowing what you are consenting to. (00:42:32)

Participant: Is that true in this case? (00:42:34)

In this case the people involved in the sexual activity have no idea that actually the spirits are influencing them to have sex with each other, so the spirits can actually enjoy the sexual activity. (00:42:45)

Participant: With respect, isn't that an assumption on your part there? (00:42:47)

No, it's not, but you can feel it is. (00:42:50)

Participant: But it's just a statement. (00:42:52)

No, it's not. I know what's going on. I can feel through the spirit why he doesn't want her to ask the question. (00:42:58)

Participant: I feel it very strongly (00:43:05)

You feel that right? And how does the spirit feel about you knowing this now? (00:43:14)

Participant: It's feeling I know it's the truth (00:43:20)

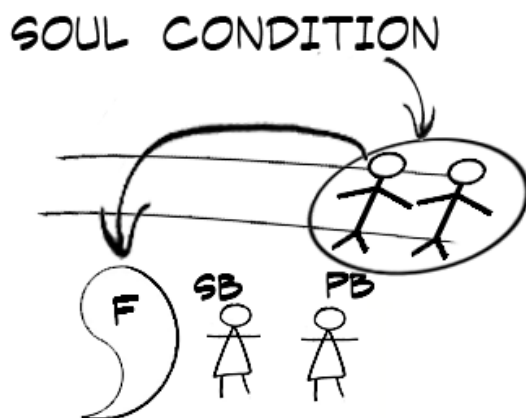
So, the spirit knows it's the truth but how does he feel? (00:43:23)

Participant: He doesn't like it, he can't stand it (00:43:26)

Why doesn't he like it? Why doesn't he want you to know it? (00:43:29)

Participant: Because I have been involved in it. (00:43:30)

Yes, you were one of the people who were chosen to be involved in it through some emotional injuries. Yes. When I answer a question by the way, I am answering it based on what I know. If I don't know I will actually tell you I don't know. (00:43:49)



Spirits in the first sphere of the spirit world influence people on Earth

What's happening is, around every person; remember there is a group of spirits. Here is the physical dimension, here is the spirit dimension and these spirits are all in the 1st sphere of the spirit dimension. You follow me? They are all in the lower regions of the 1st sphere of the spirit dimension, what you would classify as "the hells". You would have heard of the hells. It's not a fiery tormenting place; it's not a place like Dante's inferno. It's not a place like that at all. What it is, it is the place where people exist who are yet to heal their unloving emotions. Their condition reflects their emotions, and the location where they live, reflects those emotions. So there are actually terrible, terrible places in the spirit world. (00:44:40)

Some of you maybe have seen the movie What Dreams May Come. Remember he goes to the hells to get his wife out of hell from her suicide, and he passes through many different illustrative pictures of the hell. To be frank, there are places that look exactly like the pictures in that movie. Now, these spirits are in the very low regions of this first sphere and they do not want you to change. They do not want you to change because they are living vicariously through you, in order to get some of their unhealed emotions satisfied. (00:45:24)

One of the largest unhealed emotions on this planet is the emotion involving sexuality where we have a lot of confusion, a lot of shame. Or we have a lot of the opposite type of emotion where we are highly sexual, we don't care who it is with or anything like that, we are just highly sexual all the time and that is another emotional injury. (00:45:49)

You will see this happening a lot on Earth where people are attracted to spirituality, but often finish up being involved in sexual activities. Now, part of your soul progression is going to be about healing your sexual injuries. God certainly designed you to have sexual activity. God also designed a whole group of laws of love surrounding it. Whenever you break those laws of love, certain things will occur and one of the things that occurs on Earth is that in the guise of spirituality, sexuality gets expressed. When I say in the guise, it's often said love means free love, means loving everyone, and that means having sex with everyone. So what we finish up doing is having sex with everyone, because we are all "freely loving" each other. (00:46:45)

That's not what God designed. You don't have to trust me; you can just find it out for yourself by doing it. See where it takes you and see if it fulfils you, and whether you feel loved at all, and you'll soon find out that it actually isn't a loving space. (00:47:02)

But, what's happening is these groups of spirits are here in the spirit world – lots and lots of them, all with unresolved sexual issues. There are many men, by the way in the spirit world, persons who were sexual predators here on Earth and they remain sexual predators in the 1st sphere of the spirit word. What they do is, they connect with women, and what is one thing women are generally attracted to – spirituality? Agreed? (00:47:28)

Here it's a mixed audience, but generally when you go to an audience where there are spiritual things being presented, 80% of the people are women. So a lot of women get attracted to it – and then they are taught, often by a man by the way, about this free love idea and free sex idea and so forth. What's going on is that these spirits in very low condition are using that to influence you, so that they can vicariously experience the sexual act through you. That's what they are doing. (00:48:04)

By the way, alcoholic spirits are exactly the same, People who are alcoholic on Earth, who love their drink when on Earth, pass into the spirit world and there's no drink there so what they do? They just connect to a person on Earth who is a drinker and they drink and drink and drink, and this is why the person can be totally oblivious to everything going on inside of himself. He doesn't even know where he is, what he is doing or anything. He can't even remember last night and yet when he asks a friend- "Yeah you were still up late drinking, still upright, plugging away". The reason why, is that the spirit was keeping him going, the spirit was just helping him. (00:48:48)

Now, most spirits in the 1st sphere condition do not want you to know this and would rather that you never found out about it. Can you understand why? Because they have a vested interest in you continuing to do it. So many of us in our lives have had these experiences where we weren't conscious of what we were doing. Often it's with alcohol or with drugs, but it's also with sex or other experiences, and most of the time it's because of the heavy influence of spirits, in a very, very poor state. (00:49:28)

How do you disconnect from them? The same way you progress by actually loving yourself, working your way through the injuries you have about love. As that happens, you work your way through the injuries you have about sex and as that happens, the spirit says "Aw, I can't connect with her anymore, I'll go and find somebody else who I can influence into doing this", and they often do this because there is a large variety of people who have these injuries on Earth. (00:50:00)

Now, you will find that there are many sexual predators in so called spiritual circles. The reason is because these spirits find it easier to connect to the person when they are doing meditation or other practices. The actual soul condition of the person isn't growing and that allows that connection. (00:50:34)

Participant: Thank you AJ. That was profound (00:50:38)

Now, how is the spirit around you feeling? He's gone hasn't he? (00:50:44)

Participant: Yes

He's been with you a long time and he has just gone. The reason is because the penny is dropping with you, and you can see, that and he can see, that he's not going to be able to influence you to do this anymore, and he'll find another person that he can do it with. He wasn't interested in you in any other way other than to help you have sexual activities, so he could fulfil his own desires. (00:51:11)

Participant: I just want to say something about that because I have been monogamous for seven years now. He must have been somewhere, because for quite a while, I've had no sex. (00:51:25)

So you think that he was trying to influence you back into that? (00:51:32)

Participant: My partner suffered a little bit for the last two years - something within me felt "no". (00:51:41)

And you will probably find now as you work with this issue you will probably feel like having sex again, because at the soul level, you already knew that something was wrong here and that's why you withdrew from that. (00:52:11)

Participant: I've started again. (Laughter)

Connect with yourself when you are making love, don't get out of body, don't do those things you were taught to do when you were doing it and you will find that it'll be more of a real experience. There might be emotions that you need to work your way through. The problem is, that there are lots of spiritual practices on Earth that are designed by spirits to help you be more connected to them, they can use you more and so you need to be careful of that. They are influential, these spirits and remember every influence on you is emotional. (00:52:44)

12.1.12. Open clinics in the first sphere?

Participant: Wouldn't it be a great idea if someone opened up a clinic in that low level of 1st sphere for those poor

degenerative spirits? I mean it's a great business opportunity to help those spirits out so they don't influence people like you anymore. (00:53:02)

We are going to open clinics in the future for exactly that purpose, because higher spirits are finding it very difficult to connect with these spirits to stop them from doing what they are doing. If a person is rampantly doing something it's very, very hard to influence them, to stop them – they have free will. But what happens is, if a person from the Earth talks about them and exposes what they are doing and talks about how they can do it differently, than the entire life of these spirits will change and they'll do something different. So, what we need on Earth is a large group of mediums who understand the complete Divine Truth about the universe, and understand how to assist these spirits to go from their poor condition to a new condition. When they do that they will disconnect from the people of the Earth. You know that the majority of our fatal diseases are even caused by the spirit connection. (00:54:06)

So, lots of diseases will automatically stop occurring and so will a lot of those sexual influences and so forth. AIDS is again caused by, emotional injuries. We'll talk about the emotional injuries behind all sorts of diseases another time. Remember the one truth - that all diseases, and I am going to be very specific here – every single event that's ever happened in your life, every single thing you did, every single disease you contracted, every single sickness you had, every single bone you broke, all happened because of an emotion that created the Law of Attraction, that then created the event. Once you understand that, then we start to understand the power of changing the condition that creates those things – in other words addressing the causes. (00:55:07)

On Earth today we are addicted to dealing with effects. How popular is alcohol on Earth? In Australia, very popular, right? Why? Because we are addicted to dealing with the effects of stress and pressures in a way that calms us down. We feel that we've still got to get on with our life, and so what we do is we pick up habits along the way that helps us deal with our lives. But the truth is, we are not dealing with the underlying emotional reasons why we do something, or the emotional reasons why our life is the way it is. (00:55:48)

When we deal with those, everything gets ironed out and you no longer feel like doing things a certain way. Most people are not aware that for instance coffee, is an anti depressant. Most people are not aware of that. So what happens when we have coffee? If we are addicted to coffee and we have three or four drinks a day, we are actually using our coffee to avoid emotions. You notice it – you go off coffee for one month, if you are addicted to coffee, and see where your emotions go. Now, the same applies to a lot of smoking. We are addicted to smoking, particularly due to emotional reasons. The truth is, you go off cigarettes and you find out how “good” things are over the next fourteen days. You will start feeling a lot of those causal emotions and if you allow yourself to notice them you can address them. (00:56:44)

Understand that spirits around you are connecting to you not from anything other than your Law of Attraction. Your Law of Attraction is governed by this thing called soul condition. (00:56:57)

Soul condition is the sum total of all your experiences and all of your denied emotions and all of your expressed emotions, all of your desires, your passions, your longings and all of your emotional errors and injuries about love, summed together they create your soul condition. (00:57:18)

That soul condition is like a huge magnet going out into the universe and it creates your life. Your whole life is governed by this – your soul condition. Your even being here today is governed by your soul condition. Everything in your life is governed by this soul condition – all the attractions. Now if you can understand that, you can understand how to change your life much more rapidly than trying hard to change your life by a day to day process - as long as you understand what is involved in this soul condition. (00:57:52)

Lower level spirits love you having unhealed emotions. Many of you have experienced the time when you have got into a rage, and all of a sudden it's like it's a real violent rage – how many of you have experienced that? I know I have on a few occasions in this life. In that state a spirit has just connected to that anger that you have which actually suppresses an underlying grief. Then it expresses its own rage via your rage. It does feel like that sometimes doesn't it, that you are actually out of control and that somebody else is controlling you in that state. The truth is that generally, whenever you feel like you are out of control, there is someone else controlling or influencing you, and it's a spirit who is connecting to your denied emotional state. (00:58:45)

Participant: Could I ask you about soulmates again please? (00:58:54)

Yes. Are there any questions about spirit interaction first, then we'll go back to the soulmates. (00:59:09)

12.1.13. Can we establishing a healthy connection with a spirit?

Participant: Can one establish a healthy connection with the spirits? (00:59:22)

Yes, you can establish healthy connections with spirits. There are many spirits that are in the higher dimensions of the spirit world who would love to connect with you and teach you a lot of emotional truths, and every single one of you is capable of listening to them if you deal with certain emotional injuries. There are literally billions of spirits in the higher spheres who would love to connect with you and talk to you about all sorts of matters, but you are not going to connect to them easily, unless your condition gets near their condition, or you at least start understanding some of the moral principles and laws that affect that connection. (01:00:02)

Participant: So it's a working process (01:00:05)

Yes the more we progress spiritually, the better our connection to the spirits of the higher levels is going to be. (01:00:19)

12.1.14. What about when there are problems in a relationship between soulmates?

Participant: When two people meet and they feel they are soulmates and they connect and then, for some reason, things go wrong with them. Often a man becomes abusive and the relationship becomes very difficult, then the woman may leave but often that woman still loves that man and they will continue to go back. Why is it that sometimes, people can love someone who is really abusive and they go back to the same situation time and again? (01:01:21)

It's due to unhealed self love – always. It doesn't matter whether the person is your soulmate or not. If that person is treating you badly, you would not go back until you actually dealt with the underlying emotional reason why you want to go back. You would never suffer like that again if you dealt with that emotion. (01:01:48)

Until that point, if you go back you have still got love of self issues that need to be healed. So allow them to be healed, work on the love of self side of things. (01:02:01)

Unhealed self love is the greatest creator of most emotional pain, and most of us have that emotional pain because of our childhood, when we learnt to not love ourselves. We had to do everything for others; we learned to love everyone else but not ourselves. (01:02:18)

13. Soul Progression

What I want to do now is just to describe to you what happens to your progression. Remember we transcend each sphere by growing in love. But there are two types of love that we can grow in. One type is the love that you have that comes from within yourself. Now I call that natural love. You can think of natural love as the love that comes from within you that can be developed and shown and expressed to everything, and everyone around you. It's love from within you that you express to your complete environment. (01:04:05)

Now, when we grow in natural love, we are building this love that's inside of ourselves, but there's another type of love we can grow in and that's Divine Love. Most New Age paths will say that Divine Love is this divine spark within you. I am saying that there is no divine spark in you, until you ask God for that to occur. Then there's one. The reason why this is the case is that Divine Love is God's Love. (01:04:50)

God has an emotion of love too, and God's Love can be expressed and given to you. That is not your love being developed, although you will develop in your love as you receive it. It is love that comes expressly from God, and God only, and neither I, nor any other person in this universe can give you this love. Not a single person in this universe can give God's Love via themselves to you. (01:05:29)

God's Love can only enter your soul through one connection. That's what I want to describe to you, this connection that can enter you. Firstly, what I want to do is just to describe different types of love and how they are characterised. (01:05:49)

When we are developing in natural love, we become very intellectual. In the spirit world the spirits call themselves grownups, in the sense that they are grown up intellectually. They have superb, super superior intellects. On the Divine Love Path, we grow on an emotional level. So, on the natural love path, we have a tendency to go into intellectual intelligence. On the Divine Love Path we forget about intellectual intelligence, and what we do is we go for emotional intelligence. Now, many of you might already know that when you are emotionally intelligent you are automatically intellectually intelligent. That is something that happens on the Divine Love Path – you automatically become more intelligent as you grow, because the emotions that impact upon intelligence get released. There are literally emotions that impact upon every part of your life, including how rapidly you respond to intellectual stimuli, and as you release your emotions that process becomes more and more rapid. (01:07:17)

On the natural love path we are growing in natural love. Almost every religion on this planet is growing in natural love, and almost every spiritual thing that you can hear from the spirit world is about natural love. The reason is because, the Divine Love spirits all exist on higher levels than the natural love spirits, and so for us to hear them we have to already be in a certain state to learn the truth of that. (01:07:55)

Let's have a look at some other things that are different. On the natural love path I often say I am God, we become God. You see this a lot in the New Age movements, I am God. On the Divine Love Path, I am God's child and I am forever such. I don't ever view myself as God. All those things that are said in the Bible - that I somehow view myself as God or a part of God, the way that's interpreted nowadays is not true. I said I became at-one with God, which is a totally different thing than saying that I am God. (01:08:50)

Every human soul on this planet and every soul that has passed over has the same ability as me to become at-one with God, and there are now literally millions of spirits that are in the state of at-onement with God. (01:09:09)

Many of you have heard of it as Christ consciousness. Please understand that the words have been bandied around here on Earth so much now that some think that they are Christ conscious, but they are not emotionally there. They don't really know what Christ consciousness is yet. When you are emotionally there, then you will understand the difference between what's being said to you and the state of being Christ conscious. We'll talk about Christ consciousness soon- where it happens. (01:09:41)

What other things do we notice on the natural love path? We are intellectual; we say "I am God". There are thousands, let's say millions of paths. You know how you hear people say, "I am on my own path, I am in my own personal truth." All of those statements, are statements we would make on the natural love path, of which there are millions. (01:10:23)

When we are on the Divine Love Path there is the one Way – it is the way of the heart. It's the one Way. I call it the narrow way, the narrow path. There is one path to at-onement with God. Everyone goes; "Ah here we go again- someone claiming they are the only way". I am sorry but it's the truth. I can't help the truth, all I can do is present it. (01:11:00)

It's a beautiful way because you know it's not even mine. Whose is it? It's God's. God created this way, the one way. God created it; God wants to teach it to you. You don't need me to learn it. You need God to learn it. That's how in fact you learn it, this one path. (01:11:28)

You will find that after you get on the Divine Love Path, and you are really on it, and you start receiving Divine Love, what will happen a lot is that you start to recognize another person who has received it, because what it does is bring the people together who are all on the same path, even though they have a lot of different backgrounds. (01:12:00)

So the truth is, you can be a Catholic and receive Divine Love; you can be a Muslim and receive Divine Love, you can be a New Age spiritualist and receive Divine Love, but you are going to have to give up your false beliefs about love to do it – that's the only way. The One Way. In the 8th sphere and above in the spirit world, millions of different types of religions are represented, but they no longer have any of those religious formats. (01:12:32)

However in the 6th sphere in the spirit world, there are still thousands of religions. There are many Catholics who have modified their Catholic beliefs to bring it more in harmony with natural love, and they are now still Catholics in the 6th

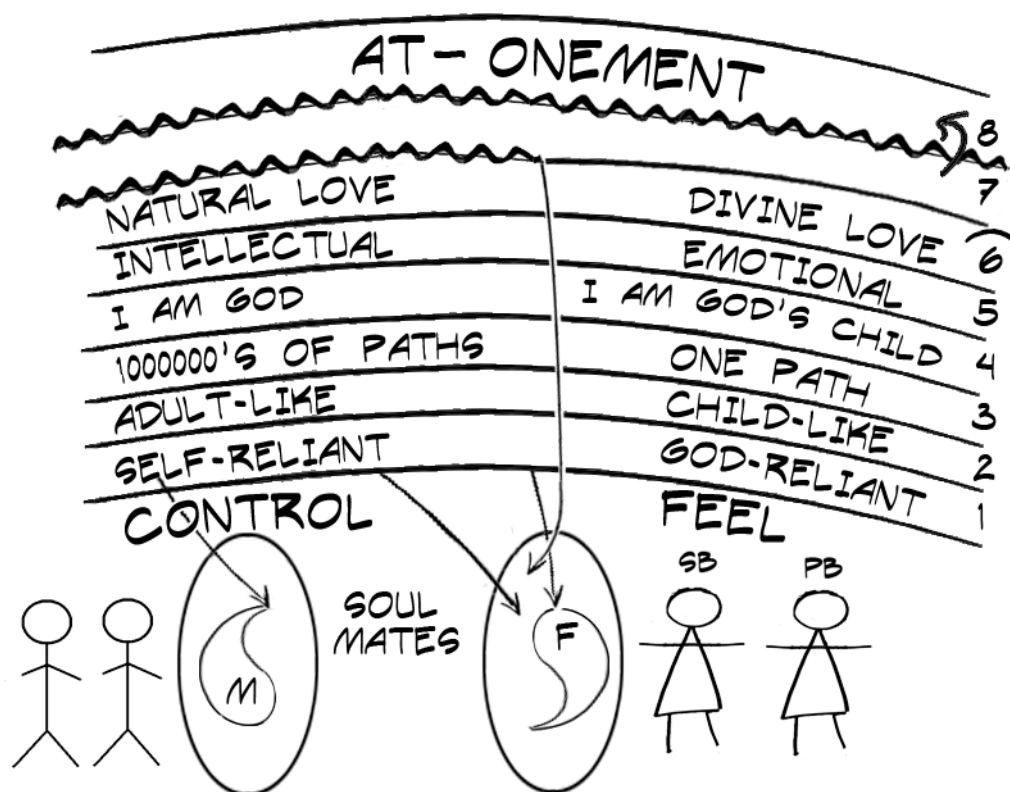
sphere. There are many Muslims who have modified all of their beliefs to bring it more in harmony with natural love, and they are still in the 6th sphere. Even the leader of the Muslim religion, who's prophet is, Mohammed, is himself in the 6th sphere. There are many Buddhists, who have followed the natural love path to Buddhism, and they are now in the 6th sphere and in fact Buddha himself is in the 6th sphere. (01:13:11)

But then there are these other people like Gandhi who found the Divine Love Path, and he was a Hindu. Now, he is not a Hindu anymore because the beliefs of the Hindu system do not coincide with what he has learned about God's Love. He is in the 17th sphere. (01:13:30)

Now, the reason why these things occur, is because many of the people who teach certain things on Earth become addicted to those teachings, and they don't want to feel their connection with God. What they do is, they feel what they imagine to be God. To be frank, we can fool ourselves into all sorts of states including- I can fool myself into being Jesus. You can fool yourself into all sorts of states too. You are going to have to be very, very honest and open and frank, really honest with yourself if you want to connect to God though, because with God you can only maintain a connection as long as you are in truth. I am not talking about your truth or my truth. With God, you can only maintain a connection with God when you are in God's Truth, and that's a big difference to being in my truth, or in your truth. (01:14:30)

So, on the Divine Love Path what happens is we can progress above the 6th sphere, but on the natural love path we cannot. There are literally billions of spirits on the natural love path who have perfected their natural love – the love that they express from within themselves. They have perfected that love to the point of the 6th sphere. They have been there for thousands of years and they are having a wide variety of experiences, and the dimensional space of the 6th sphere is expanding laterally because of those experiences they are creating. (01:15:05)

They are creating planets, they are creating solar systems, they are doing all sorts of powerful things that you can't imagine perhaps right now, but they are having a lateral experience of the universe. They believe themselves to be growing, but they are stagnant in their own progression at the soul level. (01:15:24)



Differences between the natural love path (left) and the Divine Love Path (right)

14. *The Transition From Human Soul To Divine Soul*

On the Divine Love Path you progress beyond the 6th sphere and you enter a sphere of transition which is called the 7th sphere. The 7th sphere is the sphere of transition between the human soul and the divine soul. When you make the transition between the 2 souls, you enter this experience which is called the New Birth. If you are a Christian you would have heard of it as being born again. In the 1st Century I said “You must be born again to enter the Kingdom of God”. (01:15:57)

The Kingdom of God is above the 8th sphere. I call this area 6th sphere and below the Kingdom of Man, and I call this area above the 8th sphere, the Kingdom of God. It's the Kingdom of God, because the only people that can be there are the people who have received Divine Love, to the point where their souls have actually physically transformed into a new creature, and they experience this New Birth. When you experience this New Birth, a whole lot of new capabilities come to you, that you didn't have before in your own soul. Your soul grows and expands into a new condition, into a new being. (01:16:36)

14.1. *Audience Questions*

14.1.1. *What happens in spirit hospitals?*

Participant: AJ, I was just wondering what the benefit of spiritual hospitals are, over in South America. I don't know if you have heard of them and where their spirits are or what is happening in that regards. (01:17:00)

Can we stay on topic for the moment? It's not really related. I can answer the question but I'd like to try and stay on this topic if we can. (01:17:12)

14.1.2. *Do we all end up in new birth?*

Participant: Do we all at some stage down the track end up in New Birth? (01:17:20)

No. The New Birth has to come from a decision inside of yourself to choose to receive God's Love into your soul. (01:17:31)

15. *Three Things Needed On This Path*

It's not an intellectual choice either. It has to be an emotional choice, a longing for God's Love from within. When I refer to prayer, that's what I am talking about. Prayer is just a longing for God's Love to enter your soul. There are only three things you will need on this path, three things only. You don't need me; you don't need anybody else on this path. (01:17:54)

A longing for God's Love to enter you

A longing for God's Truth to enter you

The quality of Humility

*(Which is a passionate desire to experience fully all of your own emotions,
without blame, judgement, or condemnation of others.)*

You only need three things. The first thing is a longing for God's Love to enter you and I mean a longing, not just, “I think I'd love to have God's Love to enter me.” I mean a longing – a real deep fervent desire within you. You need that. (01:18:14)

You also need a longing for God's Truth to enter you. So that's the second thing you will need – a longing for God's Truth. In other words I have to give up all of my errors emotionally. So if I have belief about love that love sacrifices itself, I need to give up that emotion. If I have a belief about love that love doesn't engage in sex, I have to give up that emotion. If I have belief about love that love means always doing what the other person wants, I need to give up that emotion. If I have a belief about love that love means I will always get what I want, I have to give up that emotion. I could list hundreds and thousands, or even more emotions that we have to give up on that path. (01:19:05)

So, I have to have a longing for God's Truth to enter me emotionally – not intellectually, emotionally. When God's Truth enters me emotionally, I would automatically do what is loving. I won't have to try and think about what is loving, there will be no confusion. In this state we don't even have to think, we know what love would do and we automatically feel drawn into doing it. (01:19:36)

Then the third thing that we need is the most neglected quality here on the planet, and that's the quality of humility. I want to define humility. Humility is the passionate desire to experience fully all of your own emotions without blame, judgment or condemnation of others. (01:20:10)

Those are the three things that we will need: a longing for God's Love, a longing for God's Truth and humility. When you have those things, you will be guaranteed progress on the Divine Love Path. (01:20:27)

I say three things - not very much to remember. You try putting it into practice in your day to day life and you'll find actually – wow, at the very first moment after I heard that I just said some untruths, I am straight out of harmony with truth. You try in the break when somebody takes that cake that you wanted. If you were in truth you would say I wanted that cake wouldn't you, if you felt that. Then you would say, "All right what's my emotion?" It's missing out, I feel like I am missing out on that cake. Right at that moment if you are in truth, you will feel that emotion in a child-like way because that's another thing about these two paths. On the natural love path you are adult-like. On this Divine Love Path you are child-like. So you start weeping, "Oh, ho, ho, ho, I missed out on that cake" and away you go. If that's how you felt in that moment, you would do that, if you are in that state. (01:21:38)

Now what's going to happen on in this planet is that some people, and then eventually quite a few people, are going to get in this state and you will see it in action in your day to day life. You will be amazed about how you can live your life that way in the world we are currently living in, in a very, very different way. (01:21:48)

The truth is that when you get into that state, you are the most powerful creator that you could ever be, because everything is driven by desire and emotion, everything, absolutely everything. Once you recognize the power of that state, you will love it. You won't give that up for anything or anyone. (01:22:17)

Then if I came along and I said "No, no you know all that I said about that Divine Love stuff, you follow me instead and we'll go off on this tangent over here". You will say "What? What would I want to do that for?" It's because you are already experiencing the state of complete connection with God. It's not a religion, it's not like something where you've got to follow rules, although you will in your heart, feel what's right and what's wrong, instantly. (01:22:50)

In fact there are some Bible verses that refer to this state in the Old Testament. They helped me understand it and one of them said "The heart of stone becomes a heart of flesh". In other words your heart, your feelings, your motivations, your emotions get transformed into this new state of being. You are sensitive emotionally and everything becomes an emotional experience, everything. You will not be able to do anything that breaks your own integrity. Now you think about that. (01:23:29)

How many of us are doing a job at the moment that we don't want to do because we want to earn money? Well when you get into this state of at-onement with God which is this state in the 8th sphere, you will never be able to do that. In fact to be frank with you, by the time you probably get to the 3rd sphere or the 4th sphere of your progression, you will not be able to do it. (01:23:57)

That's because you can't stay in something that's untruthful for you anymore, you just can't. It hurts so much that you just can't do it, so you don't. Then you go down into your fears: now I've got no money coming in. What do I do now? That's an emotion and so you deal with that emotion. How do you deal with that emotion? "Oh nobody cares for me anymore" and away I go, crying. I feel that emotion and I release that completely. You know when I come out of that – I'll say what am I thinking? "I have got a connection with God here. God is the creator of the universe, how can I believe that I am not going to be cared for?" (01:24:35)

You will only feel that when the emotions of lack of abundance and all these other emotions are released from you, that's when you will feel it. So, on this Divine Love Path, what happens is that you become real, real; everything becomes real; everything is real, emotionally real. You don't intellectualize and you don't reframe everything. (01:24:58)

For example, a guy punches me on the nose. You say, “Oh yeah I know he has got some problems.” What? You’ve got some problems. What do you think your Law of Attraction is to attract somebody punching you on the nose? You need to have a look at that you know? What’s going on? Was it because you were in truth or was it because you were in error? If it was in truth – fine, but if it was in error what did you do in error to attract that? What was the emotion? “Ah, it was an emotion of fear in me, a fear that my body might die.” Whatever the emotion is I release that emotion and when I release that, those kinds of events happen far less often. (01:25:34)

What happens is, as I progress more and more and more on the path, I start creating in very, very powerful ways; far more powerful than the intellectual way, to try, try, try, try. How many of us are sick of trying? I am sick of trying. I am sick of trying – I don’t know about you. I spent a lot of this life doing the trying. The whole reason why I came back was to experience that in this life. It’s very different from the 1st Century life I had, because in my whole life in the 1st Century I didn’t have to try. When I got up to the spirit world everyone else was coming to me and they were saying “Do you know that feeling about trying to do...” It was like, “No I am sorry you will have to talk to Mary about it, I have no idea about that one”. I felt totally clueless because people were coming to me for help, and I didn’t even know the answers to the majority of their questions because I hadn’t personally experienced them. (01:26:26)

So I decided, with Mary, because the soul union state is the only way you can come back to Earth – that we return. One of the reasons was so I could at least get some knowledge of what it feels like to try and try and try. It feels terrible and I don’t know about you, but I hate it and I don’t ever want to do it again, that’s how I feel. (01:26:52)

So when you are on this path that’s where you get to, the place where you will never have to do it again. Everything you desire in this state is harmonious with love so therefore it’s automatically created. In this state, your current state, you have got to think about it before you create it. (01:27:17)

16. God Reliance And Self Reliance

I would like to talk more about these two things. This natural love path is self reliant. You think about it. On this Earth we have been taught and have now come to believe, that the only person who is going to do something for me is me. So we become so self reliant. We base our entire lives around it. I have got to create it; I have got to create it all the time. (01:27:53)

On this Divine Love Path, we are God reliant. I trust that if I deal with my emotions, if I deal with my Laws of Attraction, and deal with the emotions that are causing the attraction, if I work on my soul condition, if I grow in love, everything I want that I have ever dreamed of, is going to be attracted to me. You know what, when you get into that space, you won’t even worry about anything in your life. You won’t plan anything because you don’t need to. The moment you want to have a chat with a group of people they will be there for you – automatically. (01:28:37)

I know it sounds strange but it’s happens exactly like that. Everything you want to create, everything you desire that is harmonious with love, will happen. Sometimes there can be a bit of a time lapse between you having the desire and it happening, but it will happen, because everything that happens, happens because of the desires that you fully express. (01:29:01)

So on this Divine Love Path, I am emotionally connected, God reliant, child-like, having fun, enjoying myself not thinking about or worrying about where my next penny is going to come from or where my next meal is going to come from. Does a child worry about those things? No. They know that the meal is going to get put on the table, don’t they. So that’s how we will be, exactly like that. You will get to this point. If you look at such a person when you are coming from an intellectual perspective, you will say “How do they live their life? What are they going to do tomorrow?” They say, “I don’t know. Who knows what will happen to me tomorrow, all sorts of things could happen. I may have the desire to make love to my lovely lady all day. (laughter) But who knows, something might happen that actually causes me to change that. My desires change every moment, depending on what emotions pass through me and who knows what they will create, so why would I be investing in that? I won’t be investing in that on this path”. (01:30:10)

On the, natural love path, I make lots of detailed plans. I was like that. Every night I wrote down a list of the things that I would do the next day. How many of you have done that? We write down a list of things for the next day and what do we do with it? Well, what I did was I also wrote down all those things that could have gone wrong with that list. Fair dinkum, that’s what I did. I was so afraid of what would go wrong that I wrote down a list of all of the things that could go wrong. I was right; when anything did go wrong, it was usually on my list. So I allowed myself to write down this list and next

day – sure enough that happened! That happened! That happened! Cross that off and cross that off, yeah that went wrong, cross off that. My life was that planned, it was terrible! Like it was terrible! I was so full of fear that my stomach hurt so much every morning when I woke up and I'd be trembling. Who has had that emotion of feeling dread every single day of their life? That's what I was like – every single day. It was only by releasing the causal emotions that created my fears that all that went. In my case, they were all to do with my 1st Century experiences. (01:31:39)

16.1. Audience Questions

16.1.1. Is the Divine Love path intellectual or emotional?

Mary: Would you say that a natural love path is typified by trying to control our emotions and the Divine Love path is opening up to feeling everything? (01:31:52)

Definitely, as you know Darling. (01:31:58)

So you feel everything on that path. In this other state, I was just like a control freak and everything had to be just so and you know in that state most things went wrong. That was the state I was in, but in this state, (Divine Love) now most things go right. Everything seems to go right, things start falling into place. I get invited to speak at a perfect time for me – this is what happens when you are in this space all the time. Many of you have been in that space at different times in your life, but you can't create it all the time because of the emotions you still have. (01:32:55) – Break

17. Soulmate Progression And The Teaching Of Reincarnation

There's been a question (in the break) about what happens to soulmates as they progress. I would like to address the issue because it actually affects the teaching of reincarnation. How many of you firmly believe in the concept of reincarnation that you've learned from say, Buddhist or Hindu or New Age teachings where you reincarnate over and over and over? Quite a number of you do. All right, you will find the next part a bit confronting, just a forewarning for you. (00:00:40)

So we're here on the Earth and we start having a longing for our soulmate. What will happen is, as you start progressing, you will actually start working your way through different emotional issues that cause you to currently have soulmate blockages. For example if you are needy for your soulmate that's a blockage. Nobody wants to live in a needy relationship, so, if you are needy for your soulmate that's an emotional blockage. (00:01:20)

If you are a woman and you have the emotion inside you that you are angry with men, and you know that your soulmate is a man – then that's a blockage towards you meeting your soulmate. (00:01:30)

If you have an emotion inside of you where you are a man where you feel that pretty much having sex with any woman will do – well that's a blockage, an emotional blockage within you that will actually stop you from being with your soulmate. The truth is, that when you meet your soulmate and actually work through all of your emotional injuries, what will eventually happen is you will not desire another single person. You won't need your parents, you won't need your children, and you won't need anybody else except God and your soulmate. That's what will happen. (00:02:04)

Anyway, what happens when you are progressing? Let's say one half of the soul starts progressing on the Divine Love Path, and by the way soulmate union can never occur on the natural love path. In other words, if you stay on that kind of Path, you will never experience the complete soul union that I am speaking to you about. (00:02:27)

You have to go through the process of The New Birth, you have to get into at-onement with God, and then you have to progress for another fourteen spheres learning about Divine Love, before you will actually get into this condition of complete soul union with your soulmate. Before then it will feel pretty good, when I say it'll feel pretty good, it will blow most of you away just feeling it at the 3rd sphere with your soulmate, let alone at the at-onement condition with your soulmate. (00:02:59)

What will happen is that if you do not progress on the Divine Love Path, you will never experience the soul union state. Now, the soul union state is the state where yourself and your soulmate no longer think or see or feel yourselves to be separate people. That's pretty challenging because that means dealing with all emotions of control that you have inside

yourself, all the emotions of manipulation, all the emotions where you want to get your own way, and all these emotions get dealt with in this process of becoming at-one with your soulmate. (00:03:35)

Let's say one of the souls progresses first. As she progresses on the Divine Love Path, she is progressing towards God. Sooner or later what will happen is she will work through all the emotional blockages towards her soulmate. Once that occurs the soulmate starts feeling this change. It's an automatic feeling that occurs in your soulmate, an automatic change, and the change means that the soulmate now starts to be drawn automatically into your life, and you start to be drawn towards wherever he or she is. It happens without your thinking about it, you just feel drawn. (00:04:24)

When we talk about soulmates it's usually a four hour discussion not a 5 or 10 minute thing like today. We have done other discussions and there are already fifty or so discussions on the net that you can download on a lot of subjects, but the soulmate discussion is one that we are yet to have with everyone. (00:04:48)

Anyway, you are progressing towards God. You are drawing in closer and closer to God and as you get closer to God, every emotional injury you have about yourself, every emotional injury you have about the opposite gender, every emotional injury will have to be dealt with. Remember, that emotional injuries are covered by anger and resentments and other emotions, so any time that you feel a smidgen of frustration, feel a smidgen of anything from the opposite gender, what is happening is that there is an emotional injury there. (00:05:23)

All right, I am the woman in this case, I am progressing towards God. What's happening is, as I am progressing, this desire starts building in me, this desire for my only partner which is my other half, my soulmate. What happens then is that there is this awakening inside their soul which causes them to feel drawn into my life, if they are not already there. They will just be drawn into my life, whether they are a spirit or on Earth, it doesn't matter where they are, they will be drawn into my life somehow. The power of my soul will cause that to occur. The awakening will occur between the two halves. The other one won't even have to deal with any injuries, they will still be drawn. (00:06:25)

The problem with that of course is that they might come to us full of injuries. How many of you have a soulmate who is a murderer? Everyone goes "No, no, no that's not my soulmate, not a murderer". Well, someone has to have a murderer as a soulmate. So the trouble is what we do is we make judgments a lot. Don't we, as to who our soulmate should be and who they are. There's a whole variety of people our soulmate could be and it's just a matter of me growing towards God that will attract that soulmate into my life. So I don't have to go out seeking them. They will feel drawn into my life as I progress towards God. As I progress towards God, eventually my soulmate will come into my life. (00:07:13)

Now, they may be full of emotions that they haven't yet healed. You are going to have to be in a pretty good space dealing with that. Let's say you are a female, you have already healed a lot of emotions and you've worked through all your man stuff. All your man anger and resentments, and all the other emotions that you have had to deal with in this process, all the things that have blocked you regarding your soulmate. You are starting to feel good and then all of a sudden your soulmate's attracted and oh no, he's got rage with women. Rage! Rage! What are you going to do with that? (AJ responds to a comment). You might feel like getting rid of him for sure. (Laughter) (00:08:00)

So, you would actually already be in a state where you do not respond to a man's rage, where it doesn't affect you at all. He can't manipulate you; he can't control you. How good is that going to be? Your soulmate is there and no matter what state he gets into, you will be able to assist him in love. It doesn't mean you will be with him sexually, yet, because he's still got rage towards women. Do you want to have sex with a man who has rage towards a woman? Probably not, right? So you might not be with him sexually yet, but you will probably still sometimes be in his life, just see him and let him develop his desire. Let him develop his longing to be with you after you have met, and let him work through his different emotional issues. If you are in a state where you are humble and where you own all of your emotional experiences, you will be able to cope with anything they dish out, and you will be able to stay around them in a space of self love. What will happen if you do that is, they will feel even more drawn to you, so they will start progressing too and eventually they will get onto the Divine Love Path as well. (00:09:11)

The other part of this is, that if I have received Divine Love into my soul, sooner or later my soulmate is going to want to do the same. If I haven't, then they might not, but if I have, then my soulmate would definitely want to do the same. As you start receiving Divine Love and progressing, eventually you will go through the process of the New Birth. (00:09:34)

No one has gone through it while they are on Earth at this point, except myself in the 1st Century. I have to go through it again this time with this experience that I am in now. In the 1st Century and from then on nobody has gone through the process of the New Birth while on Earth. When you go through it, when anybody around you goes through it, you will know it, you will feel it, and it is a totally different condition and space. (00:10:00)

17.1. Audience Questions

17.1.1. What are “enlightened beings”?

Participant: Over the years there’ve been a lot of so called enlightened beings, you included. (00:10:15)

No, I am called an enlightened being but I don’t call myself that. (00:10:19)

Participant: But you were, 2,000 years ago. (00:10:22)

No.

Participant: So what would you consider an enlightened being, and part two of that is wouldn’t Buddha be considered as someone who has gone to the Divine Love Path? (00:10:32)

I know Buddha is considered by everyone else to be on the Divine Love Path but Buddha is actually on the natural love path in the 6th sphere. That’s where he currently resides. The truth is, that Buddha doesn’t have a concept of God that is actually God’s concept of God. So, Buddha’s concept of God is totally different to God’s concept of God and that’s why he is not at-one with God. (00:10:57)

Participant: So, you are saying you can be enlightened and not be with God (00:11:04)

Everyone who is defined as “enlightened” is actually, usually not on the Divine Love Path. They are all people who believe that they are enlightened, who are in the perfect condition of natural love in the 6th sphere. There are literally billions of spirits in what you would call an “enlightened” state, but it’s not what I am calling an at-onement state. That’s totally different. (00:11:26)

Participant: So, could say what the difference is. (00:11:28)

I have already stated some of the differences. (00:11:31)

One of them is people saying that I am an enlightened being. I am sorry but I am not an “enlightened being”. I never was. In the 1st Century I wasn’t an enlightened being. In the 1st Century all I was is the same as what you are – a child of God who went through this process of new birth into a condition of at-onement. I am still God’s child. I don’t want you to connect to me because I am an enlightened being. I want you to connect to God because God’s the enlightened being and no one else really is. All the people who claim to be are not really. A lot of the terminology that the “enlightened beings” use describes their progression on the natural love path. (00:12:17)

The problem is that there are whole groups of spirits who are with us here today who are prompting many of your questions. They believe themselves to be enlightened beings. The truth is that they are on the natural love path in the 6th sphere of their development. They are not even making the transition (to the Divine Love Path), because they still think they understand the Divine Love Path, but they haven’t experienced it emotionally. When they allow themselves to experience it emotionally they will know the difference. (00:12:48)

But it’s like, how do I get you to experience love? I can’t get you to experience love. I can talk about it the whole day, but I can’t get you to feel the emotion of love for God for example, can I? I can talk to you about it if you love God and you think you love God, but until you feel a passionate desire and longing for God, you will not feel what it’s like to love God, let alone to experience God’s Love to the condition of at-onement. (00:13:15)

The problem is, that almost all of the so called enlightened beings that have ever been on this planet have all been on the natural love path and many of them still are, because they don't want to give up their concept of self. When I say they don't want to give up their concept of self, I mean self reliance. Or they have given it up so much that they have given up their free will, and on this path you never give up your free will, ever. In fact your free will multiplies and grows on this path. Remember, one of the reasons for incarnation is to fully realize your own free will. So giving it up is not going to be beneficial. (00:13:59)

I have met Buddha many times in the spirit world. What he has done, is given up the whole concept of himself as an individual. He does not believe himself to be an individual anymore. He is totally reliant on the concept that has overcome his being, that he is actually not an individual. He has now become God in his own belief, and he is in a 6th sphere state in that belief. It's very, very hard to talk to him. It's almost impossible to convince him of anything other than what he believes, in that state. This is a problem with many of the so called leaders who were looked up to here on Earth, and who have been looked up to for years and generations. They are actually in that state. (00:14:53)

All I am is your brother. All I have done is the same as what I am saying to you that you can do. I am never going to call myself an enlightened individual. I am never going to call myself a Guru; I am never going to call myself an Avatar. I am not those things; all I am is the same as you. I am just a child of God who has received Divine Love. I'd like to describe it to you so you can receive it in the same manner that I received it, that's all. That's all I am. (00:15:30)

Now, you don't have to agree with me, because you can pass or you can get mediums to talk to Buddha if you want. You will have a lot of trouble getting a medium to talk with Buddha, because Buddha does not normally do that. You might have to pass before you can investigate this and find out for yourself where he is, but I can tell you where he is at the moment. However, I am hoping that with all changes that are coming up, with all the different things that are going to happen in the next 10 years or so, that his condition will change. Many people take many thousands of years to change from his condition to get into a different condition. Remember I have lived 2,000 years so I have seen many people stay in these states for a thousand years at a time, in the 6th sphere condition, not wanting to change, believing very firmly in a whole set of beliefs that locks them in the same place that you on Earth believe is an enlightened condition, and it's not. It's a condition of emotional shut down going into this so called "nirvanic bliss", which is actually, in many cases, just the projection of all the adulation and glorification from other people entering their souls. It's a very damaging place for them to exist in. I know some of what I am saying is confronting by the way, but remember I am saying that you don't have to believe this. (00:16:59)

17.1.2. What about "ascended masters"?

Participant: I was just wondering about the ascended masters, like St Germaine, Kuthumi, Djwhal Khul, Sanat Kumar. (00:17:09)

Again, that's an Earth definition. Every single person in the spirit world, who has progressed in terms of their connection with God, actually feels that God has raised them into this condition of at-onement. They don't call themselves ascended masters. They just don't. An ascended master – what does that really mean? Isn't that like a glorification? Saying I am the master almost implies you are the slave, right? Nobody in that state calls himself an ascended master. (00:17:39)

Participant: Is that just human terminology? (00:17:41)

It's a human term, generally in order to glorify a medium's connection to a certain spirit. The person on Earth needs to look at the emotion that's in them where they need to say to you, "Aren't I wonderful I am connecting to the ascended master St Germaine." Now, St Germaine is on the Divine Love Path and St Germaine is in the Celestial Kingdom, but he doesn't call himself an ascended master. It's like St. Francis, many of you have heard of St. Francis of Assisi, the same goes for him. Many of you call him an ascended master. He doesn't call himself that at all. (00:18:22)

Participant: What about Kuthumi? (00:18:24)

This is the state with a lot of these people, but bear in mind, many of those you call ascended masters are actually not ascended masters. They are people in the natural love state, in the 6th sphere state, who believe themselves to be ascended. That's a very different condition than actually being in at-onement with God, because when you are in at-onement with God, you don't even call yourself ascended. At-onement is a natural state that every single person can get

into. It's a state of humility, not a state of grandeur and power and all that stuff – you don't even think of any of those things in that state. You follow me? Can you see the difference? If I am saying that I am different to you, an ascended master and whatever I have done you can't do, I have always been there before you, or whatever, and I don't believe inside of my heart that you could ever be where I have been, then aren't I setting myself above you?. Does God set me above you? No. God doesn't set me above you. I am a child of God. (00:19:31)

Participant: Are all of those beings of Divine Love? (00:19:33)

Not all the ones you have mentioned – no. (00:19:36)

You know how you get these Angel cards from Doreen Virtue or whatever. Many of the ones on that card are actually in the 6th sphere of natural love state, and some of the ones on that card are in a Divine Love state. It just depends. A lot of times they are treated as ascended masters on the Earth - it's how we define things. We are always interested in defining things, why, because we are addicted to this emotion of comparing. We're addicted to this emotion of wanting to think I am better because I have this connection with this spirit you know. (00:20:13)

John sat down with one medium –and this is the Apostle John by the way – there is a group of seven souls who have returned to the Earth, and Apostle John was one of those. He has now passed. What happened was, he sat down with the medium and the medium said “I have got Archangel Michael and Archangel Gabriel with me right now. What do you want to know?” John said “Well I'd like to ask them a few questions”. She said they are saying to me “How dare you ask us questions! How dare you?” Now who responds like this if they are humble? So do you think this was Archangel Gabriel and the Archangel Michael? (00:20:58)

You come up and ask me questions about my identity and I just let you be condescending towards me. I am like “No worries”. Do you think a person, who is in an at-onement condition, a person who has gone through all of their emotions, is going to be angry with you for asking a question? No. So, who are those spirits? They are not the people that the medium and the spirits are claiming to be. That's because it's so easy when you connect with a medium isn't it? Imagine yourself being a spirit for a moment, you are invisible, also your condition, even if you are in the 2nd sphere is better than most mediums you are connecting to. So can they tell who you are? Can they tell whether you are in the 7th sphere or 6th sphere? You can say anything. (00:21:52)

You are a spirit in the 2nd sphere; you still haven't learnt to tell the truth. I mean tell the truth all the time. So the lady who or the man who is the medium says ‘Who is this that's come to me please?’ The medium surrounds him or herself with all this light and asks ‘Who has come to me now?’ The spirit says, ‘I am the Archangel Michael’, he is a liar. He is not the Archangel Michael. He is in the 2nd sphere and he hasn't even learnt to tell the truth yet, but he is claiming to be the Archangel Michael, because it gives him a sense of power and control and connection with this woman. Her unhealed emotions are actually what are drawing him. So, she's saying, “Isn't this wonderful, I have got the Archangel Michael with me.” Then I ask the question. “I want to know about reincarnation. Is that a truth?” and he says, “Yes.” “Okay, no worries”, so we write down that truth. Does he know it's a truth? How would he know it's a truth? You don't know if he knows if it is the truth. You just trust him because he is saying who he is. (00:22:59)

Honestly, I say who I am and you can see my face and you don't believe me. Why do you then go to a spirit who you can't even see and then trust them saying that they are somebody? Can you see how illogical that is? It's such an illogical thing to do. You can't even believe someone, who is right here, staring you in the face. How can you believe somebody who is actually not even there, that you can't feel? How are you going to know who they are? Can you see that you can't? You only know what they are saying and you don't even know if they are telling the truth, unless you can feel them telling a lie. Now, for you to feel them telling a lie do you know where you are going to have to be? You are going to at least be in the 3rd sphere of your own development. Can you see that? That's because that's the sphere where you learn to always tell the truth. You're going to have to be there. You are going to have to be actually above where they are, before you will actually be able to see whether they are telling you the truth, or not. (00:24:16)

You see there's a general rule in the universe and that is, unless you are in a condition of love that is either the same, or greater than the condition of love that another person is in, you will not be able to see their emotional condition. It makes sense doesn't it? It's always easy to see from above down, isn't it? It is much, much harder to look up and see the truth. That's the case on the Earth; many of us are looking up. (00:24:50)

The truth is, mediumship is real. There is this connection you can have with spirits. You can talk to spirits all the time. That's a truth of the universe, but don't automatically believe that when you are doing that, that you are actually talking to the person the spirit is claiming to be. Don't believe that that's the truth. They are a spirit who has come to you for Law of Attraction reasons. Allow yourself to work through whatever that Law of Attraction is. Anyway, let's get back to soulmates. (00:25:22)

We are progressing right? We are attracting our soulmate into our life. We go through the at-onement condition. When you are in this at-onement condition, your soul is so powerful that if your soulmate hasn't met you on this Earth yet, they are pretty insensitive; because it is highly likely they will have already started being attracted into your life. (00:25:42)

What happens is that they start getting attracted into your life, and they have emotions to work through. Because you are in a very good state, you can deal with those emotions with love all the time. Normally people project anger at each other and the one, who projects the most wins. Isn't that what happens? (00:26:04)

Now, if I am in a state of love and I am a woman and a man's projecting, I know this is woman anger projected at me. I can feel what the cause of it is, so I can help him identify it, if he wants to. I can help him work through the emotion, if he wants to. If he doesn't I just say, "Sorry, I can't help you at the moment, go away". I watch what he is doing. He goes around and has sex with a few other women, gets tired of that, comes back to me and I go through the emotion with him. Eventually he'll come around and I don't have any hurt about that at all. That's the state I will be in. (00:26:37)

17.2. Soul Union transition to the 22nd Sphere

So I am attracting my soulmate. The 22nd sphere is the highest dimension of space at this point. The transition that occurs between the 21st and 22nd sphere is called the soul union. The soul recombines into its original state. Remember it started in this state way, way, way, back before incarnation. Now I am back in this state, but there's a huge difference. I know exactly who I am. My soulmate and I know exactly who I am. She knows exactly who she is. When I say I am, we are both "I am", in that state. We become the one being again in that state. In that state, I have this awesome potential and power, because I have realized all of my abilities with regard to free will, and every single thing I do from the 8th sphere state onwards is harmonious with Divine Love. It's harmonious with the laws of the universe. I am in this hugely powerful state of creation. You can only reincarnate from that place. (00:28:06)

17.3. Reincarnation only occurs from the 22nd Sphere

Now that poses a lot of questions doesn't it? So what about this reincarnation stuff? What about going to the spirit world and having your life reviewed and coming back, only to return to the spirit world again and have our life reviewed to come back again. "Conversations with God" says we have all reincarnated, he reincarnated 680 something times – what's going on? What's AJ saying? I am saying categorically, you cannot reincarnate without firstly reaching the soul union state, and by the way, if you have reincarnated, at some point. When you deal with your emotions you will know and remember that state. (00:29:00)

It won't be because some spirit's projecting and telling you it is that state. It'll be because you can feel you are in that state and you'll have all these memories. If you have reincarnated, you will eventually remember every little thing about your first time here. You will remember all of your life in the spirit world going through the spheres; people you met, everything, and then you'll remember the reunion state. You will actually remember what it felt like to reincarnate. By the way, it doesn't feel very nice, to reincarnate onto this planet in this time with all the emotions here, not very nice at all. You will remember all of that and you will understand Divine Truth. You will already know the Divine Truth that I am telling you about, you could already be teaching it. However, it may be very traumatic if you reincarnate into this state. Maybe we will talk about the trauma at another time. (00:30:12)

Now, I am in this state in the 22nd sphere. I am back, and now I am a "super soul". It is like "Supersized me". I am not super because of anything inside of myself, it is because God's Love has entered me and transformed me. It's got nothing to do with how great I am, or how good my soulmate is, that got us there. It was just our desire to experience God's Love that got us there. It is Divine Love that got us into that state. So how could I ever say "I am so proud of myself, I have

done so much, aren't I great", when God did it all for me really. This is why I am a child of God. When we are in that state, that is when we can reincarnate. (00:31:11)

17.4. Audience Questions

17.4.1. Would you want to reincarnate?

Participant: Would you want to in that state? (00:31:29)

Would you want to reincarnate? What do you think? Most of the time, no! (00:31:37)

What is the only reason you would want to? Love. To come back here to teach love, that's the only reason why you would want to. (00:31:50)

So, when you come back to the Earth what happens? You are now going to go back to the 1st sphere, to the 1st sphere condition. Remember what I said happens when you first incarnate? You take all the emotional damage, and everything from parents and situations. But now, not only do you have that to deal with; you also have 2,000 years of emotional experiences, which were cleared, which are memories, now being reflected through that incarnation experience. Now does that sound pretty traumatic? Yes, it's very traumatic. Sometime in the future, there will be people on Earth who are in an at-onement condition; do you think it's going to be traumatic then? No. To reincarnate then will be a breeze. You will even remember from the moment you open your eyes, "Ah yeah that's right, I'm Jesus, I can remember that." It won't be this long drawn out emotional process you've got to go through, before you regain all of the memories of your life. Everyone here is capable of doing this by the way, no one is separate from that. You would want to do it for love, definitely. (00:33:02)

17.4.2. What is going to happen in the next few years?

Participant: Before you talked about events, about what's going to happen in the next few years? Would you like to say something about that? (00:33:20)

Probably not in this discussion (00:33:25)

Participant: Later on? (00:33:30)

Well, to me they are not part of the Secrets of the Universe. I know many of you are interested because your personal lives are involved, and all those kind of things. I am happy to talk about them in future discussions, but in reality it's not very important. (00:33:40)

17.5. Your soul progression is what is important

Everyone says, "But we might have an earthquake here and there might be a flood or tidal wave, who knows, and you're saying that's not very important!" I am saying no, because the truth is, what is important is your soul progression – that's what's important to me. (00:33:57)

Now people think that there were times in history when I was on the battlefield in the 1st World War, and 2nd World War trying to help souls. I wasn't. I wasn't because they were in a physical battle that wasn't even real. It's the battle of the soul that's the only real battle that you will ever need to fight. The battle of the soul is: how loving do you want to be, or how unloving do you want to be. That's the battle of the soul in the end, and it claims lots of torturous existences. (00:34:35)

There are literally billions of people who have passed from this Earth into the spirit world and billions of people on this planet, who are in a terrible, terrible, painful suffering state because of this battle of the soul. Every other physical battle on Earth means nothing in comparison to this soul progression, that you can make. (00:34:58)

17.6. First soul reached the 22nd sphere in 1935

Now, getting back to reincarnation! What I am saying to you is, that reincarnation can only occur from the 22nd sphere state, and the first time someone reached the 22nd sphere state was 1935- last century. Why 1935? Well, that's how long it took. The first soul to reach that state was our soul, myself and Mary. It took 2,000 years for us to learn about God's truths. We are slow learners. That's why it took that long to reach from the 8th sphere state, to the 22nd sphere state. (00:35:50)

After that other souls came into that state, and then eventually there were seven souls in that state. Then those seven souls decided that because of all of these things coming up on the planet and because of God's plan. In that state you are at-one with God talking to God all the time, and you know what God's plans are. We decided to return to the planet, to go through all the trauma, the emotional stuff, and everything else and teach, through our own examples, how to become at-one with God as a part of the changes coming up, that are going to happen to this planet. It has all been foretold remember, hasn't it? It has all been prophesized from way, way back historically, that these events would occur and also, ironically, it's been foretold that myself and others would return. (00:36:57)

Now what we decided to do was return. The first one of us returned in 1962 and then the 2nd one returned and the 3rd one returned, and so forth. Now there are other souls, other than those seven original souls, that have reached the at-onement condition and they are starting to return. Many of them are returning for different reasons, but the first seven have returned specifically to teach the truths, the Divine Truths. (00:37:28)

Now you don't have to believe any of that. There will be a point in the future, if you progress on this path, where you know that to be true inside of yourself and you've experienced the truth of that. But you don't have to believe it right now. It does not affect you in fact, right now. All I am doing is telling you the truth about reincarnation. Now that raises lots of questions about reincarnation. There is a four hour discussion about reincarnation, answering all of the questions about it, like: Why is it that I can remember some past lives? Why is that I felt I was this person in a past life? When I did some past life regression, the person took a photo of me and actually I have got a video of that, why does that happen, what was going on? There is an explanation. If there is a truth in anything, then there is an explanation of Absolute Truth that can be presented to you. The key is whether you want to investigate that or not or whether you say, "Oh this reincarnation issue. No, I can't accept all the rest of this because of the reincarnation issue." It's up to you what you do because it is your life; you are allowed to believe in reincarnation for the rest of your life. By the way, there are still millions of spirits in the 6th sphere trying to reincarnate. They totally believe in the reincarnation process that has been presented through Buddhist or Hindu teachings, or other philosophies. They believe totally in these, totally. They have no doubt in their own minds that those things are true. But they are not true. (00:39:16)

17.7. Audience Questions

17.7.1. Can we reincarnate?

Participant: Can we reincarnate? (00:39:20)

We can reincarnate. I have just told you we can but only from the 22nd sphere state (00:39:29)

17.7.2. If we don't reincarnate, how can we progress?

Participant: I would like to know, if we don't reincarnate, how are we going to get through all of the spheres?

Well there is this false belief here on the Earth and in the spirit world that you have to reincarnate to get rid of karma. It's not true. The truth is that you can progress just as rapidly on Earth, or even more rapidly in the spirit world and you don't have to come to Earth to do it. All you need to do is work through the emotions that have caused you to arrive in the spirit world in a certain state. There are literally hundreds of thousands of spirits with us right now, hearing this material, who want to reincarnate. Now those spirits need to bear in mind that they don't have to. All they need to do is work through their emotional issues where they are right now. That's all they have to do. When they do that they will automatically grow into a new sphere of love. They don't have to reincarnate at all and I feel many of them, even just hearing that, give a sigh of relief, because who wants to come back and re-infect yourself with stuff over and over and over again, working

through hundreds and hundreds of lives here on the Earth, when you can just do it in one. Why would you want to do that? You wouldn't want to, would you? No. (00:40:55)

The truth is always beautiful. The truth is always loving. I've never believed in reincarnation in the way that it's been presented on the Earth because of that reason. Even when I was in the spirit world I never believed in it by the way. There are channelled messages that you can read from me saying that I have never believed in it. I have never believed in it because it an unloving thing, and God never does anything unloving. God always does things in the most direct, beautiful way. God is never unloving. God never creates a law that's unloving. Listen to the law of reincarnation as it is proposed by most religions or New Age ideas. I live a life on Earth. I do lots of damage to myself and other people. I go to the spirit world with all this damage. I have a big life review. Now I have got to work through the damage or the karma that I did by returning back to Earth. I return back to Earth but oh, by the way- God's going to rub out all your memory of what happened in the last life, and all the things you did do wrong. So, now not only do I have to deal with my life from the karma, but I can't remember the karma that I have to deal with. Oh, yeah that's right, now I've got a spirit with me. She is actually telling me I was actually Joan of Arc, yeah, but how does that help me deal with my karma? What did I do as Joan of Arc? Did I slaughter people? Yes I did. I murdered people when I was Joan of Ark. What kind of karma do I have to work through now? I don't know. I can't connect to that emotionally. How do I work through it? (00:42:56)

Can you see there's so much error in this teaching as it's presented? The trouble with the mind is, when something all sounds logical to the mind, we then go ahead and believe it, even though we don't understand that our mind's logic is based upon our emotional error. We are often highly illogical in our mind because of an emotional error that exists in our soul. (00:43:26)

17.7.3. If we clear our emotions, do we clear for our relatives, for ongoing generations?

Participant: Can I ask if we clear our own emotions and then we go into Divine Love, does that clear our DNA for our relatives? (00:43:39)

Yes. It clears everything, because the beauty of your soul development is your soul drives everything that's happening to your spirit body and everything that's happening to your physical body. So there are spirits here in this room at the moment that have huge crosses and fissures all over their bodies. They look a mess, they look in the mirror and they can't stand the sight of themselves. I am saying to those spirits, just like I am saying to you, that you can progress from that state without coming back to Earth, by just dealing with your emotions and connecting with God and receiving Divine Love. If you continue to do that and release your emotions, your bodies, (whether it's a spirit body or material body) will automatically repair, and it will repair so much that you will grow young again. (00:44:26)

Participant: But I am talking about other people who have given us these problems, parents, grandparents. (00:44:28)

It doesn't matter, whatever is in my soul unexperienced, as soon as I allow the experience of it, I will release it. It doesn't matter where it came from. (00:44:40)

Participant: Will it help to release for them as well? (00:44:42)

Not necessarily. They have got their free will so they are allowed to decide to hold on to it, if they want to. It can help them a lot, but it may not. If it's our children, yes, it will help them immensely, because most of their injuries were created by our own denial of our own injuries, so of course with our children it will help them work through everything very rapidly. But it may not either, it's their free will, they have free will. They are allowed to make the choices that they make. They are allowed to not deal with their emotions. (00:46:13)

Now what I am going to have to do is finish now. You are welcome to come along tomorrow. Tomorrow is more like a question and answer session and I'll present a few more details about the Secrets of the Universe in that session. You are welcome to come along tomorrow. It will be the same kind of thing, the same kind of format. If you want, you can bring some food, and there will be some food here as well. We will start 1:00pm. (00:46:42)

I'd like to thank you very much for your attention and the beautiful way you have treated me. (00: 46:48)